MOUNTAIN WEATHER INFORMATION SERVICE

Cairngorms NP and Monadhliath

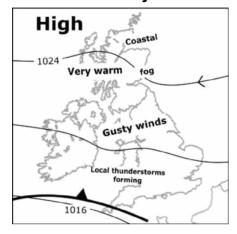
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Tuesday, 13 May, 2025



British Mountain Summary: Based on forecast chart for noon 13 May, 2025

Strong warm sunshine for most places, very warm in western Scotland; beware sunburn and dehydration. Early fog draped around the north and east of Scotland and eastern Pennines, higher terrain above the fog, which will disperse back toward the North Sea coast. Gusty easterly winds England & Wales, locally southern Scotland.

Headline for Cairngorms NP and Monadhliath

Sunny and warm. Small risk a late heavy shower. Light winds.

Detailed Forecast for Tuesday, 13 May, 2025

How windy? (On the Munros)	Easterly or variable 10mph or less. Increasing a little toward evening, northeasterly 15mph.	
Effect of wind on you?	Negligible	
How wet?	Possibly a late afternoon heavy shower	
(Precipitation and its impact)	Late afternoon into early evening, chance of very localised showery bursts forming mainly near or west of the A9; remote risk of a very isolated brief thunderstorm.	
Cloud on the hills?	Hills clear; fog late in day	
	By evening into night, low cloud/fog rolls inland from the North Sea extensively from the northeast to cover lower hills then thickening further upslope into night.	
Chance of cloud free Munros?	Practically certain until late	
Sunshine? Air clarity (below cloud)	Extensive strong sunshine, thin high cloud drifts inland from the north later. Excellent visibility.	
How Cold? (at 900m)	10 to 12C from dawn, rising to 15C, local warmer spots west of the Cairngorms, slightly cooler Deeside hills. Approaching 25C in afternoon in glens toward Drumochter and westwards.	
Freezing Level	Above the summits	

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Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 14 May	Thursday 15 May
How windy? (On the Munros)	Easterly or variable 10-15mph or less.	Northeasterly 15 to 20mph, at times 25mph with stronger gusts over higher Cairngorms, especially toward east.
Effect of wind on you?	Small	Fairly small, but may affect comfortable walking in places on higher exposed tops, feeling rather cool.
How wet? (Precipitation and its impact)	No rain	No rain expected
Cloud on the hills?	Early misty low cloud	Little if any
	Low cloud from North Sea fairly extensive from overnight to early morning, fog almost into glens, but most terrain above 1000m likely above this layer. Patches may drift upslope briefly, but all dispersing through middle of day.	Possibly patchy cloud for a time on some slopes toward northeast Cairngorms, but soon dispersing.
Chance of cloud free Munros?	80% (some tops above early cloud)	90%
Sunshine? Air clarity (below cloud)	Strong sunshine increasingly widespread. Some thin high cloud. Visibility becoming excellent after early mist or haze lower down.	Extensive strong sunshine. Visibility excellent.
How Cold? (at 900m)	7C rising to 10C (cooler if in cloud lower down in morning); reaching locally 13C toward west of Cairngorms by afternoon.	7C rising locally up to 12C by afternoon, mainly Drumochter area; further northeast staying cooler all day.
	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 14 May, 2025

High pressure persists toward the north of Britain this week and likely continuing through the weekend, bringing more dry, warm and sunny weather. East to northeasterly breezes prevail, gusty at times around some hills, mainly England and Wales. Some coastal fog and low cloud drifting inland from the North Sea will affect eastern areas in the early mornings, but largely dispersing through middle of daytimes. Highest temperatures typically toward the west. Very dry ground conditions, beware high risk of fire.

Forecast issued at 8:00 on Tuesday, 13 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.