

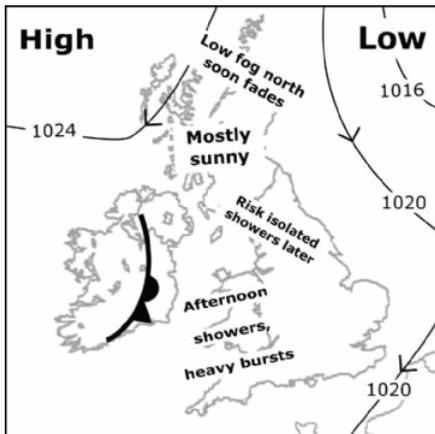
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Tuesday, 20 May, 2025



British Mountain Summary:

Based on forecast chart for noon 20 May, 2025

Mostly sunny and warm in Scotland; some patchy low fog in the north at dawn. Sunny too in England and Wales, fair weather cloud building afternoon with localised showers. Local heavy bursts later in western areas (including Galloway) with chance of isolated lightning, showers more scattered across the Pennines. Fairly light wind for all.

Headline for Cairngorms NP and Monadhliath

Strong warm sunshine; some low cloud early northeast

Detailed Forecast for Tuesday, 20 May, 2025

How windy? (On the Munros)	Northerly 10 to 15mph or less, more northeasterly as dawn breaks. May reach 20mph on eastern tops and more widely as night falls.
Effect of wind on you?	Fairly small
How wet? (Precipitation and its impact)	Rain not expected
Cloud on the hills?	Hills soon clear, some morning low and middle slope fog in the north Low fog patches drifting onto northernmost slopes of Cairngorms and Monadhliath. Some cloud banks may drift up towards mid-slopes in easternmost areas. Patchy fog in glens elsewhere. All soon dispersing for a cloud-free day.
Chance of cloud free Munros?	Becoming nearly certain
Sunshine? Air clarity (below cloud)	Strong sunshine, some fair-weather cloud building over high tops and southward. Visibility excellent or superb.
How Cold? (at 900m)	8C rising to 11 to 13C, warmest toward southwest Cairngorms. Some local areas north Cairngorms rising very little.
Freezing Level	Above the summits

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 21 May	Thursday 22 May
How windy? (On the Munros) Effect of wind on you?	Northerly 10 to 20mph, strongest toward east, may reach 25-30mph highest eastern tops. Northwesterly for a time afternoon. Fairly small, but risk becoming more blustery over higher Cairngorms, especially toward Deeside, feeling chilly.	Northerly 15-25mph, strongest breezes easternmost mountains. Fairly small, comfortable walking starting to be affected on eastern slopes.
How wet? (Precipitation and its impact)	Rain very unlikely	Substantially dry Occasional light showers drift onto northern slopes of Cairngorm plateau,
Cloud on the hills?	Mostly little Patches around some slopes in the morning, mainly north Cairngorms, lifting above tops. Later afternoon, more banks of cloud arrive onto middle and upper slopes in the far east; highest tops may be out of cloud.	Occasional banks high tops, north slopes Patches drift over high terrain and tops of north Cairngorm plateau; mostly clear south of high terrain. Lifting and breaking for mostly cloud-free hills, occasional banks drifting over highest tops through the day.
Chance of cloud free Munros?	80%	30% at dawn, rising to 80%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun, cloud may fill in for periods. Visibility excellent.	Frequent sunshine around the A9/west, more patchy north Cairngorms. Excellent or superb visibility.
How Cold? (at 900m) Freezing Level	5 to 8C, locally rising higher southern areas. Risk later dropping away toward 2 or 3C from north. Above the summits, but from dusk possibly dropping near freezing higher Cairngorms.	0 or 1C at dawn, rising towards 6C south Cairngorms/Drumochter. Only slight chance north and east. 900-1000m at dawn, lifting to the highest summits. May stay near 1100m on windward slopes north and east.

Planning Outlook**All mountain areas of Britain from Wednesday, 21 May, 2025**

High pressure weakens into midweek. Some passing rain/showery bursts into Wales and England on Wednesday will lead to a mostly dry Thursday and Friday. A northerly breeze will lower temperatures; freezing levels will lower to high terrain of north and east Scotland for a time. In the short-term, ground conditions remain extensively dry, water courses are very low and the fire risk is very high. Weather turns very unsettled into the weekend as a strong frontal system arrives from the west on Friday night, bringing heavy rain and strong winds to all areas. Showers and a brisk wind will follow into the weekend.

Forecast issued at 16:30 on Monday, 19 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.