

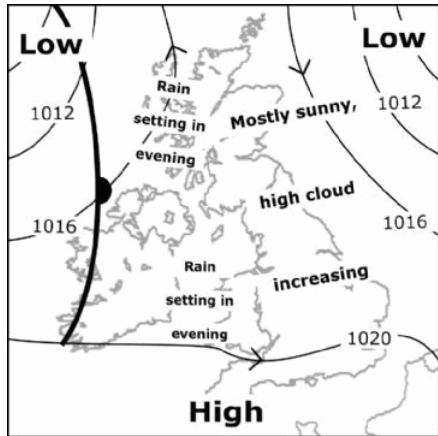
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Friday, 23 May, 2025



### British Mountain Summary: Based on forecast chart for noon 23 May, 2025

A sunny start for most. High cloud begins drifting over western areas, gradually thickening through afternoon. Patchy high cloud builds in eastern Scotland and down the spine of the Pennines before high cloud reaches these areas too. Overcast for most by dusk with rain setting into western coastal areas, spreading east overnight.

### Headline for Cairngorms NP and Monadhliath

Sunny, high cloud increasing; rain into night

## Detailed Forecast for Friday, 23 May, 2025

<b>How windy? (On the Munros)</b>	Variable 10mph or less. Some northwesterly breezes in the morning east up to 15mph. Settling southwesterly 10-15mph around dusk.
<b>Effect of wind on you?</b>	Negligible
<b>How wet? (Precipitation and its impact)</b>	<b>Dry daylight, rain from dusk</b> Dry during most or all daylight. Rain arriving from the west around dusk, steadier and heavier rain setting in through the night for all areas.
<b>Cloud on the hills?</b>	<b>Little cloud expected</b> At dawn, odd patchy cloud banks on middle slopes of Cairngorm plateau; tops likely free of cloud. Soon fading for cloud-free mountains.
<b>Chance of cloud free Munros?</b>	<b>Above 90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive strong sunshine, some patchy fair weather cloud building. High cloud thickens from the west later, becoming overcast by dusk. Excellent visibility, though some haze around early.
<b>How Cold? (at 900m)</b>	1C rising to 9C. Some local warm areas near/west of the A9, around 10C; local cool areas east Cairngorms/Deeside, around 7C.
<b>Freezing Level</b>	Only on the highest summits in the east at dawn, soon lifting off the summits. Frost in glens at dawn.

**All mountain areas of Britain from Saturday, 24 May, 2025**

Low pressure facilitates a strong westerly Atlantic breeze over the weekend: blustery winds, low cloud, damp conditions for Saturday, then widely heavier rain is expected by Saturday night, accompanied by winds strengthening to gale force over many hills. Remaining very windy through Sunday and Monday with mountain gales; cooler too, with heavy showers, particularly frequent in western Scotland, a risk of hail and thunder. A changeable week follows, winds generally easing and likely a period of rain for England and Wales Tuesday. Eastern Scotland may be substantially dry with regular sun. Some improvement likely late week into the weekend.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2025.