

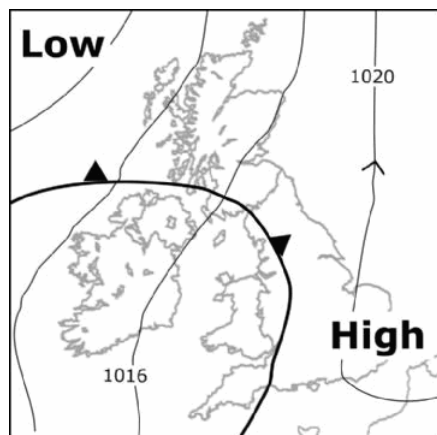
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



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General Summary for Friday, 13 June, 2025



British Mountain Summary:

Based on forecast chart for noon 13 June, 2025

Warm and fairly humid southerly winds will bring a few bursts of thundery rain northwards - ahead of more widespread thunderstorms reaching Wales in the evening and most other areas through the night. Some of the rain will be heavy.

Headline for Cairngorms NP and Monadhliath

Gusty winds; scattered bursts rain, chance thunder. Warm.

Detailed Forecast for Friday, 13 June, 2025

How windy? (On the Munros) Effect of wind on you?	Southerly, speed fluctuating both in time and between adjacent slopes. Typically 25 to locally a very gusty 40mph morning. Will gradually ease afternoon and evening. Expect variable conditions, sudden gusts even on lower slopes may well make balance difficult. Fairly small later in day.
How wet? (Precipitation and its impact)	A few bursts of rain; small risk lightning A few showers, possibly the odd heavy thundery burst. In morning, perhaps patches drizzly rain east from Ben Alder to summits immediately north of Glen Garry.
Cloud on the hills? Chance of cloud free Munros?	Gradually clearing most summits: most persistent more southern hills Varied conditions from dawn; cloud sometimes forming lower slopes perhaps widely on summits immediately north of Glen Garry where even in afternoon perhaps cloud base only 600m. Elsewhere, by early afternoon, cloud nearly all above 900 to 1100m - may all clear. 30% morning; in afternoon 70% Cairngorms and Monadhliath
Sunshine? Air clarity (below cloud)	Sunshine increasingly coming through and visibility mostly excellent by midday.
How Cold? (at 900m) Freezing Level	11 rising to 15C in afternoon Above the summits

Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 14 June	Sunday 15 June
How windy? (On the Munros) Effect of wind on you?	East later southerly 10mph, perhaps 20mph for a few hours morning. Sudden gusts 40mph possible. Mostly small, but gusts, mainly near thunderstorms, perhaps sudden, could well unbalance you.	Westerly, varying between 15 and 25mph. Fairly small
How wet? (Precipitation and its impact)	Periods of thundery rain Detail uncertain: Areas of thundery rain will move northwards, easing afternoon to scattered (perhaps still thundery) showers. Total rainfall very varied, in places within a few miles.	Little or no rain Drizzly rain possible here and there - but the day substantially dry.
Cloud on the hills? Chance of cloud free Munros?	Generally very extensive, although some breaks to the tops near the coast Frequently or persistently foggy higher slopes, and particularly morning fog sometimes from just above the valleys upward. Will improve at times, perhaps extensively later in day when breaks possible toward or above 900m. 20%	Unlikely to lift above higher summits all day Cloud base will tend to rise, by afternoon mostly 750 to 900m west of A9 and 1000 to 1200m further east - with the highest chance of cloud free summits being those accessible from Deeside. 10%, but 60% Deeside afternoon
Sunshine? Air clarity (below cloud)	Cloudy or dull and misty much of the day, particularly away from western summits.	Patches of sun, particularly Deeside. Very good visibility.
How Cold? (at 900m) Freezing Level	9 to 12C warmest western summits afternoon. Above the summits	11C Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 14 June, 2025

Colder air from the west will reach all areas by Sunday. However, low cloud probably very extensive on western mountains, together with drizzly showers. Most of next week will be dry and increasingly warm, but western Scotland will still have occasional rain as weakening fronts affect particularly coastal mountains. By mid week it should be fine everywhere - although it may not last through the following weekend.

Forecast issued at 15:43 on Thursday, 12 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.