

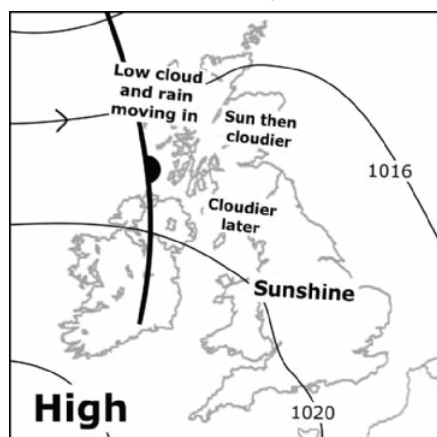
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Tuesday, 8 July, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 8 July, 2025

A bright and sunny morning particularly in the east, then thickening cloud will lower across Scottish mountains from the west, with rain and drizzle developing, persistent in west; wind also increasing. England & Wales sees sunshine then high cloud, lowering onto tops by evening with a little rain arriving.

#### Headline for Cairngorms NP and Monadhliath

Early sun, high cloud thickens, some rain later. Breeze increasing.

## Detailed Forecast for Tuesday, 8 July, 2025

<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Northwesterly 25mph in east up to dawn, but dropping from sunrise, leaving light winds 10mph or less into morning. Increasing west-southwesterly 15-20mph afternoon, later in day 25mph. <b>Mostly small, becoming more noticeable during afternoon, breezier later.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain until late</b> Local spots of drizzly rain arrive onto western hills late in the day, amounting to very little.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Tops clearing, cloud reforming later</b> Patches cling to high northern slopes of the Cairngorm plateau - southern aspects below summits may be largely cloud-free. Patchy cloud returns to tops later in the day with variable banks drifting downslope, as low as 900m north/west. <b>Becoming 90%, reducing to 40% late</b>
<b>Sunshine?</b> Air clarity (below cloud)	Fairly extensive sun early though high cloud building, largely overcast later. Excellent visibility.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	8C rising to 13C, locally warmer on eastern Cairngorm slopes/Deeside.  Above the summits

## Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 9 July	Thursday 10 July
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Westerly 20 to 25mph.  <b>Fairly small, but feeling breezy on exposed higher areas.</b>	West to southwesterly 20-25mph, up to 30mph over higher Cairngorms, gusty 35mph around highest tops. <b>Strenuous walking in exposure on higher mountains, gusts affecting balance in places.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Drizzly spots at times</b> Occasional patches of drizzle mostly near and west of the A9.	<b>Rain unlikely</b> Small risk a local light shower.
<b>Cloud on the hills?</b>       <b>Chance of cloud free Munros?</b>	<b>Extensive west, breaks east</b>  Fairly extensive above 800-1000m western side of Cairngorms to Monadhliath and Ben Alder area. Higher cloud base eastwards, mostly above 1000m with breaks above 1200m at times.  <b>20%</b>	<b>Most persistent west, breaks east</b>  Fairly extensive above 800-1000m western Cairngorms, Monadhliath to Ben Alder. Higher cloud base eastwards, mostly above 1000m, breaks to tops around Deeside to Lecht.  <b>20% west, to 50% east.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, glimpses of sun mostly eastern areas. Visibility good below cloud, particularly in east.	Largely cloudy, glimpses of sun best toward east and northeast. Visibility very good below cloud.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	10C, rising to 13C toward east afternoon, humid.  Above the summits	11C, gradual rise, up to 15C eastern areas. Feeling near freezing directly in wind on highest tops.  Above the summits

## Planning Outlook

## All mountain areas of Britain from Wednesday, 9 July, 2025

A humid southwesterly wind during midweek produces extensive low cloud across west and northwest Scotland with some drizzly rain. Drier with sun and broken cloud in eastern Scotland, improving in southern areas. High pressure expanding over England and Wales brings more sunshine and draws in increasingly very warm air again in the later part of this week; higher temperatures and more sunshine extending into Scotland with time. A fine and very warm weekend in prospect, low risk of thundery showers forming toward the west. Cooler with a greater risk of showers early next week.

## Forecast issued at 16:00 on Monday, 7 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.