

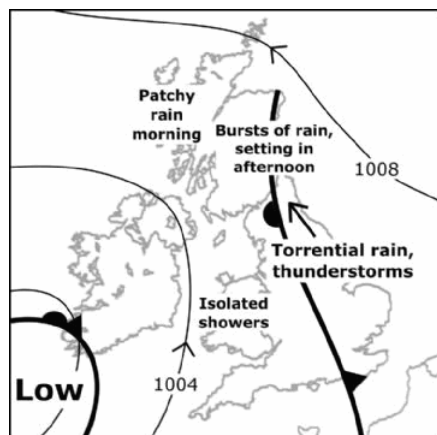
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Saturday, 19 July, 2025



British Mountain Summary:

Based on forecast chart for noon 19 July, 2025

Some early rain near west coast, but the Highlands largely dry in morning. Into afternoon, bursts of rain becoming extensive heavy rain. A swathe of prolonged heavy rain moves north over England; intense downpours and thunderstorms, focused on Pennines. A few local showers Wales, but often dry. Fairly warm, locally gusty.

Headline for Cairngorms NP and Monadhliath

Bursts of rain, then sustained heavy rain later. Gusty wind develops.

Detailed Forecast for Saturday, 19 July, 2025

How windy? (On the Munros)	Southeast then easterly, little wind toward west at first, increasing 10 to 20mph during daytime, increasingly gusty 25mph afternoon, at times stronger later.
Effect of wind on you?	Mostly small, but becoming breezier with time, gusts later affecting balance where exposed.
How wet? (Precipitation and its impact)	Heavy rain setting in from southeast afternoon Often dry morning, beyond midday further north/west, perhaps a local patch of drizzle. By early afternoon, rain developing from southeast, odd bursts soonest in east, becoming prolonged heavy rain increasingly widely during afternoon, later local torrential bursts, chance of thunder.
Cloud on the hills?	Clearing for periods, lowering later Patchy cloud banks on some slopes in the morning tending to lift higher up, good breaks to many tops. As rain develops later, cloud lowering to become extensive over hills, lowest toward south & east.
Chance of cloud free Munros?	60% later 20%
Sunshine? Air clarity (below cloud)	Some sun and high cloud, tending to cloud over from south with time. Visibility very good, then reducing to be poor as rain develops.
How Cold? (at 900m)	11C, small change all day, locally up to 13C Monadhliath; feeling humid.
Freezing Level	Above the summits

All mountain areas of Britain from Sunday, 20 July, 2025

Forecast issued at 16:17 on Friday, 18 July, 2025

Live FH 2025-07-19 2025-07-21