

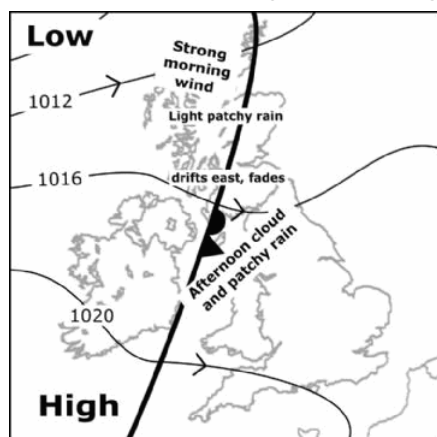
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 25 July, 2025



British Mountain Summary:

Based on forecast chart for noon 25 July, 2025

Cloud and patchy rain in western Scotland clears east, progressively easing; far east Scotland substantially dry and clear. Patchy cloud over high English and Welsh summits in the morning, deteriorating with the arrival of patchy rain through afternoon. East Wales and south Pennines substantially dry and free of cloud.

Headline for Cairngorms NP and Monadhliath

High fog through early afternoon with some rain; improving

Detailed Forecast for Friday, 25 July, 2025

How windy? (On the Munros)	Southwesterly 15 to 25mph, may reach 30mph for a time over high Cairngorms in the morning. Tending to shift westerly as the day goes.
Effect of wind on you?	Fairly small many areas, but starting to affect or impede walking near the high tops. Feeling cool on higher terrain.
How wet? (Precipitation and its impact)	Patchy light rain west, only local spots drifting east Patchy light rain through afternoon, most often western hills near Drumochter. Tending to drift east later afternoon but fading out; very little in the far east
Cloud on the hills? Chance of cloud free Munros?	Mostly higher tops, deteriorating for a time, then lifting again Banks of cloud mostly confined to higher slopes above 1000m, locally lower and more extensive western side of Cairngorms in morning. Cloud filling in above 900m for a time around midday, eastern areas only seeing scattered lower banks. Lifting and breaking above 1200m through afternoon. More often clear all day in east. 30%, rising to 80% later afternoon
Sunshine? Air clarity (below cloud)	Glimpses of sun increasingly breaking through during afternoon. Visibility increasingly very good.
How Cold? (at 900m) Freezing Level	10 or 11C, warmest east; rising only a degree if at all. Local slopes of Deeside may reach 13C. Feeling near freezing in the wind on higher tops. Above the summits

All mountain areas of Britain from Saturday, 26 July, 2025

Forecast issued at 16:29 on Thursday, 24 July, 2025

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