

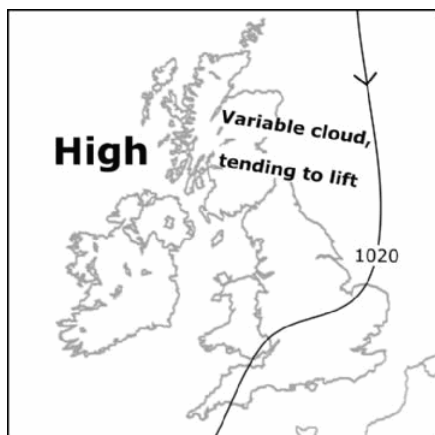
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Thursday, 21 August, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 21 August, 2025

Rather cool, but a generally fine day. Light winds for the Highlands; breezier for England & Wales, particularly in the morning. Cloud locally thick enough for drizzle early morning, but lifting above most summits, some sun increasingly breaking through. Sunnier overall for Wales.

### Headline for Cairngorms NP and Monadhliath

Cool, but mostly light wind. Cloud may linger some high tops.

## Detailed Forecast for Thursday, 21 August, 2025

<b>How windy? (On the Munros)</b>	Northeast 10 to 20mph at dawn, strongest over eastern hills. Tending to drop and become variable, then westerly afternoon, 5-10mph or less.
<b>Effect of wind on you?</b>	<b>Marked chill at first in the wind, but becoming small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Dry, bar local spots of drizzle in cloud.</b> Scope for some spots of drizzle from the areas of low cloud as they drift south, mainly in the morning toward north and eastern Cairngorms, briefly a light shower.
<b>Cloud on the hills?</b>	<b>Varied cloud, but tending to lift off hills.</b> Cloud drifting over many higher slopes above 700-900m in morning, lowest north/east. Bases will lift and break, with hills likely to clear, but may be slow to clear higher Cairngorms, may take until afternoon to clear.
<b>Chance of cloud free Munros?</b>	<b>50% lifting to 80% afternoon.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Often cloudy morning, before sun breaks through for periods. Visibility very good or excellent.
<b>How Cold? (at 900m)</b>	4 or 5C at dawn (feeling sub-zero in wind), will lift to 7 to 10C into the afternoon, coolest northern hills where cloud perhaps lingers tops.
<b>Freezing Level</b>	Above the summits, but chilly start, with heavy dew in the glens at dawn.

## Cairngorms NP and Monadhliath - Looking Ahead

	Friday 22 August	Saturday 23 August
<b>How windy? (On the Munros)</b>	Northerly or variable 5 to 10mph, occasionally 15mph eastern hills.	Variable direction 5-10mph or less.
<b>Effect of wind on you?</b>	<b>Negligible</b>	<b>Negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain unlikely</b> Scope for an isolated light shower. Otherwise dry.	<b>Rain unlikely</b> Chance of odd spots from high cloud, perhaps a very isolated shower.
<b>Cloud on the hills?</b>	<b>Varied banks, may linger northern tops</b>  Patches or banks of cloud, mid to upper slopes; cloud top initially around 1000-1200m, higher terrain above this cloud. Tending to lift upslope to tops and break, but patches may come and go across northern tops.	<b>Mostly little</b>  Fragments of cloud around some slopes and patchy mist some glens at first. Otherwise the mountains largely clear. Possible cloud banks forming on some mountains toward Deeside.
<b>Chance of cloud free Munros?</b>	<b>50 to 70%, highest in the south.</b>	<b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine may come through more widely through the day after dull start. Visibility very good.	Occasional sun and mostly thin high cloud. Visibility excellent.
<b>How Cold? (at 900m)</b>	4C, lifting to 7 to 9C	6 to 8C from dawn. Rising to 13C afternoon.
<b>Freezing Level</b>	Above the summits, but some glens and corries close to freezing just before dawn, slight ground frost.	Above the summits. Slight frost possible sheltered glens at dawn.

## Planning Outlook

### All mountain areas of Britain from Friday, 22 August, 2025

High pressure persists into the weekend, maintaining substantially dry weather, though expect variable amounts of cloud, covering some hills for periods. A weak front encroaching from the west may give a little rain to western Scotland on Saturday. Light variable winds for the next few days, then southeasterly winds increasing Sunday, soonest for western regions, risk becoming much windier by Monday in west, then more widely with time. Low pressure is expected to move closer to the British Isles into the middle of next week, with a greater risk of showery rain. A more unsettled pattern toward the change of month is increasingly likely.

### Forecast issued at 16:27 on Wednesday, 20 August, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.