

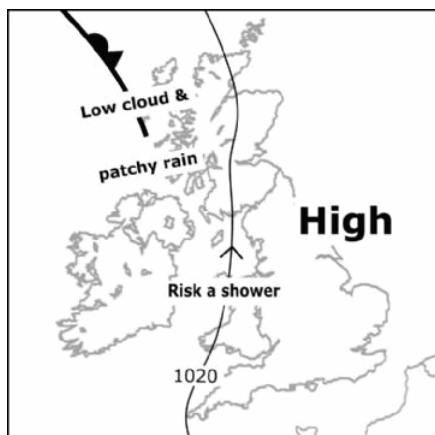
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Saturday, 23 August, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 23 August, 2025

Cloudy skies for many places, varied areas of low cloud on some hill slopes in the morning, largely lifting above the tops, but may continue to cap higher western mountains in Scotland, with a little rain occasionally. An odd shower in north Wales in afternoon. Winds generally light.

#### Headline for Cairngorms NP and Monadhliath

Largely dry, much cloud above hills; light winds.

## Detailed Forecast for Saturday, 23 August, 2025

<b>How windy? (On the Munros)</b>	Variable direction or southerly, 5-10mph or less. Occasional gusts may increase afternoon.
<b>Effect of wind on you?</b>	<b>Negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rare spots or a shower later</b> Substantially dry most or all day. Odd spots from high cloud, isolated light showers, mainly afternoon-evening toward the north.
<b>Cloud on the hills?</b>	<b>Sometimes capping high tops</b> Fragments of cloud around some slopes and patchy mist some glens at first. Cloud banks drifting onto highest slopes occasionally, mostly southern Cairngorms NP in the morning, tending to clear.
<b>Chance of cloud free Munros?</b>	<b>70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Fairly cloudy; occasional sun and mostly thin high cloud. Visibility excellent.
<b>How Cold? (at 900m)</b>	6 to 8C from dawn. Rising to 12C afternoon.
<b>Freezing Level</b>	Above the summits. Slight frost possible sheltered glens at dawn.

## Cairngorms NP and Monadhliath - Looking Ahead

	Sunday 24 August	Monday 25 August
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Southerly or variable 10-15mph or less.  <b>Small</b>	Southerly, strengthening, 15-25mph, later 30-35mph; increasingly gusty Cairngorm plateau and downslope to north. <b>Fairly small in morning, but becoming more blustery, starting to affect comfortable walking over exposed terrain.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain unlikely</b> Chance of an isolated light shower, mostly toward late afternoon-evening.	<b>Rain not expected until late</b> Very likely dry all day. Toward dusk, chance of odd spots from thickening high cloud. Possibly steadier rain moving in from southwest into the night.
<b>Cloud on the hills?</b>          <b>Chance of cloud free Munros?</b>	<b>Little if any</b>  Occasional patches drifting onto some higher slopes, mostly during the morning.      <b>80%</b>	<b>Little if any</b>  Patchy cloud around some slopes in the morning, lifting and dispersing to leave the mountains clear.      <b>90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine and some high cloud. Visibility very good.	Sunshine and some high cloud moving in. Visibility good, possible slight haze.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	11C from dawn (warmer than glens at first), rising to 13 or 14C by afternoon.  Above the summits	12 to 14C. As the wind increases, feeling below 5C.  Above the summits

## Planning Outlook

### All mountain areas of Britain from Sunday, 24 August, 2025

High pressure drifts slowly east, whilst low pressure over the Atlantic encroaches nearer in the early part of the new week. Southeasterly winds increasing Sunday-Monday, soonest for western regions, becoming much windier by Monday in west, then more widely with time. Areas of rain and showery bursts increasingly widespread as the week progresses as low pressure then rotates slowly over Britain - day-to-day detail becomes very uncertain. Warmer and more humid for a time, then cooler later in week.

### Forecast issued at 16:30 on Friday, 22 August, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.