#### MOUNTAIN WEATHER INFORMATION SERVICE

# **Cairngorms NP and Monadhliath**

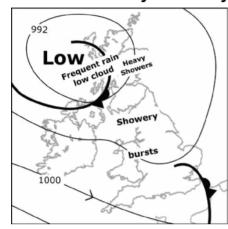
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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# General Summary for Friday, 29 August, 2025



## **British Mountain Summary:**

## Based on forecast chart for noon 29 August, 2025

Rain frequent or persistent for western Scotland most of the day, some slow-moving heavy bursts, these extending increasingly eastwards over the Highlands. Clusters of showery rain over western England and Wales will drift eastwards during the day on fresh and gusty winds.

### **Headline for Cairngorms NP and Monadhliath**

Showers develop widely, risk thunder later. Wind fairly light.

# **Detailed Forecast for Friday, 29 August, 2025**

How windy? (On the Munros)	Southerly 20mph, becoming lighter and variable for periods; later southwesterly.  Fairly small. Notable gusts around afternoon thundery showers.	
Effect of wind on you?		
How wet?	Increasingly showery, risk thunder	
(Precipitation and its impact)	Patchy rain through morning, but north and eastern areas drier for a few hours. Showery bursts increasing during afternoon, risk of slow-moving downpours, local thunderstorms, more widely toward evening.	
Cloud on the hills?	Improving for a time, best north	
	From dawn, cloud fairly extensive on southern Cairngorm Plateau and near Drumochter; patchy variable cloud in the north. Tending to rise, northern slopes perhaps clearing for a time. Variable banks increasingly returning in afternoon rain.	
Chance of cloud free Munros?	30%	
Sunshine?	Glimpses of sun north of Cairngorm plateau.	
Air clarity (below cloud)	Visibility very good on northern slopes, though poor in rain.	
How Cold? (at 900m)	8C, rising only slightly most areas though up to 10C north of Drumochter and Cairngorm plateau.	
Freezing Level	Above the summits	

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### Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 30 August	Sunday 31 August
How windy? (On the Munros)  Effect of wind on you?	South-southwesterly 10-20mph first, rising to southeasterly 40-60mph during afternoon, strongest speed likely later.  Fairly small morning, but deteriorating to make walking more strenuous, later difficult on tops. Wind chill later significant.	Southerly, 40 to 50mph, but on higher Cairngorms often 60mph, risk stronger gusts for periods.  Arduous walking conditions widely, often difficult mobility on highest terrain, gusts could knock you over.
How wet?	Rain sets in from the south later	Showery rain
(Precipitation and its impact)	Substantially dry from dawn into morning. Rain sets in from the southwest through afternoon, progressively widespread with heavy bursts, most persistently heavy on southern Cairngorms/Drumochter area.	Rain on and off, most frequent near and west of the A9, but showers developing more widely with time, some heavy bursts locally, especially afternoon.
Cloud on the hills?	Mostly south; then extensive in rain	Varied over high tops
	From dawn on southern aspects, fairly extensive above 800m with lower patches. N Cairngorms & Monadhliath may only see patchy cloud on higher ground for a time. Filling in extensively from the south as rain arrives.	Cloud base varying, mostly above 800-1000m, lowest toward west and south of Cairngorms NP and during rain. Some breaks for periods to 1200m or above northern areas.
Chance of cloud free Munros?	30%, lowering to 10%	40%
Sunshine? Air clarity (below cloud)	Weak glimpses of sun through high cloud, turning overcast. Good visibility, turning poor as rain sets in.	Occasional glimpses of sun mostly northern areas. Visibility good away from showers, but general slight haze.
How Cold? (at 900m)	8 or 9C, little change all day. Feeling below freezing in strongest wind.	8 or 9C, little change all day. Wind chill feeling like -5C in exposure, nearer -8C highest summits.
Freezing Level	Above the summits	Above the summits

## **Planning Outlook**

## All mountain areas of Britain from Saturday, 30 August, 2025

An unsettled weekend ahead driven by low pressure to the west/north of Scotland. Brisk westerlies will drive showery rain onto western mountains, at times drifting eastwards. Some local thundery downpours may arise. Saturday in particular will be very windy with widespread risk of gales and heavy rain setting in from the southwest. Sunny periods will arise between weather features, greatest chance in eastern areas later in the weekend and early next week. Next week stays mixed with low pressure in charge, frequent rain or showers continuing. Some improvement later in the week as pressure tends to rise.

### Forecast issued at 16:30 on Thursday, 28 August, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.