

# Cairngorms NP and Monadhliath

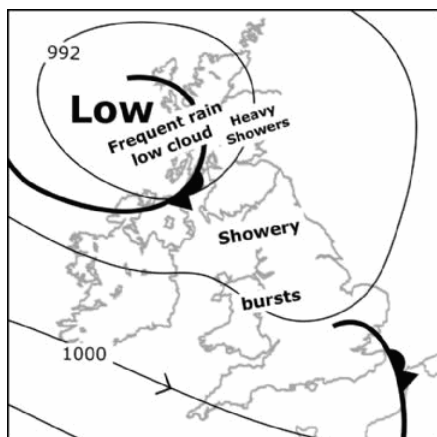
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Friday, 29 August, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 29 August, 2025

Rain frequent or persistent for western Scotland most of the day, some slow-moving heavy bursts, these extending increasingly eastwards over the Highlands. Clusters of showery rain over western England and Wales will drift eastwards during the day on fresh and gusty winds.

### Headline for Cairngorms NP and Monadhliath

Showers develop widely, risk thunder later. Wind fairly light.

## Detailed Forecast for Friday, 29 August, 2025

<b>How windy? (On the Munros)</b>	Southerly 20mph, becoming lighter and variable for periods; later southwesterly.
<b>Effect of wind on you?</b>	Fairly small. Notable gusts around afternoon thundery showers.
<b>How wet?</b> (Precipitation and its impact)	<b>Increasingly showery, risk thunder</b> Patchy rain through morning, but north and eastern areas drier for a few hours. Showery bursts increasing during afternoon, risk of slow-moving downpours, local thunderstorms, more widely toward evening.
<b>Cloud on the hills?</b>	<b>Improving for a time, best north</b> From dawn, cloud fairly extensive on southern Cairngorm Plateau and near Drumochter; patchy variable cloud in the north. Tending to rise, northern slopes perhaps clearing for a time. Variable banks increasingly returning in afternoon rain.
<b>Chance of cloud free Munros?</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sun north of Cairngorm plateau. Visibility very good on northern slopes, though poor in rain.
<b>How Cold? (at 900m)</b>	8C, rising only slightly most areas though up to 10C north of Drumochter and Cairngorm plateau.
<b>Freezing Level</b>	Above the summits

## All mountain areas of Britain from Saturday, 30 August, 2025

An unsettled weekend ahead driven by low pressure to the west/north of Scotland. Brisk westerlies will drive showery rain onto western mountains, at times drifting eastwards. Some local thundery downpours may arise. Saturday in particular will be very windy with widespread risk of gales and heavy rain setting in from the southwest. Sunny periods will arise between weather features, greatest chance in eastern areas later in the weekend and early next week. Next week stays mixed with low pressure in charge, frequent rain or showers continuing. Some improvement later in the week as pressure tends to rise.

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