

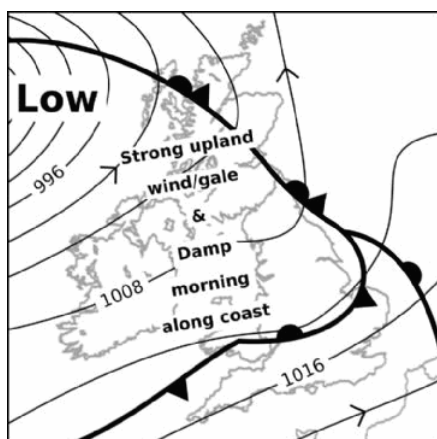
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 17 September, 2025



British Mountain Summary:

Based on forecast chart for noon 17 September, 2025

Strong upland wind, gale force at times. Persistently damp morning across all west-coastal regions, fading to various extents into the afternoon. Extensive cloud in most areas. Very wet underfoot in England and Wales with streams in spate after heavy overnight rain.

Headline for Cairngorms NP and Monadhliath

Upland wind increasing; low cloud patchy rain

Detailed Forecast for Wednesday, 17 September, 2025

How windy? (On the Munros)	Southerly 25 to 30mph becoming southwesterly 35 to 45mph by midday.
Effect of wind on you?	Arduous, blustery conditions developing which will affect ease of walking and balance. Significant wind chill by the afternoon.
How wet? (Precipitation and its impact)	Rain on and off, mostly south Northern areas: Few hours dry in the morning, then patchy rain develops. Southern areas: Rain on and off throughout the day, more persistent and locally heavier for a few hours in the morning.
Cloud on the hills?	Locally extensive, mostly southern hills Cloud extensive on high ground, especially during rain. Breaks most likely near the northern corries of Cairngorm, especially late afternoon onwards.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Glimpses of sun through high cloud. Visibility very good if dry, reduced to poor if areas of rain develop.
How Cold? (at 900m)	7C. Feeling sub-zero in the wind, -5C or below as speeds increase.
Freezing Level	Above the summits

All mountain areas of Britain from Thursday, 18 September, 2025

Extensive rain and gales into midweek, likely wettest on west-coastal regions. Areas of rain and showers frequently in the forecast later in the week. Temperatures near-average, but feeling cool when exposed to wind. A chillier northwesterly may emerge by next weekend, briefly dropping near freezing on the highest Scottish tops. Indications then favour higher pressure at least briefly expanding northwards early next week for some drier days, but unlikely to settle down for long.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.