MOUNTAIN WEATHER INFORMATION SERVICE

Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

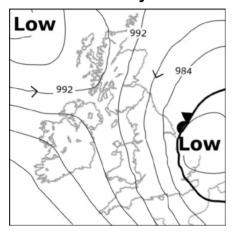


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General Summary for Thursday, 23 October, 2025



British Mountain Summary: Based on forecast chart for noon 23 October, 2025

Areas of rain and strong winds within a large area of low pressure, will circulate across Britain. However, although varied, many mountain areas, particularly mainland Scotland and NW England, between low pressure centres will experience relatively light wind and hardly any rain.

Headline for Cairngorms NP and Monadhliath

Mostly fine; risk rain (snow higher tops) mainly Cairngorms & Lochnagar.

Detailed Forecast for Thursday, 23 October, 2025

How windy? (On the Munros)	Direction varied, 10 to perhaps west of A9 later 15 or 20mph.	
Effect of wind on you?	Small	
How wet? (Precipitation and its impact)	Extensively dry; risk turning showery Cairngorms Largely dry most or all day, although light rain or showers may drift into Deeside, and perhaps Cairngorms afternoon. Snow above 1000m. Total rainfall small.	
Cloud on the hills? Chance of cloud free Munros?	Clearing many summits, may persist or lower onto Cairngorms/Lochnagar Generally, patches from lowest slopes up from dawn, but by late morning, cloud broken and mostly above 1100m. Some uncertainty for Deeside and increasingly Cairngorms: cloud may not often clear above 1000m, and in precipitation lower to 650m. 60%, but 30% Deeside	
Sunshine? Air clarity (below cloud)	Sunshine particularly west of A9, although areas of high thin cloud may slowly thicken at least east of A9. Visibility excellent or perhaps superb.	
How Cold? (at 900m) Freezing Level	2 or 3C. 1100 to 1300m.	
Freezing Level	1100 to 1300111.	

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Cairngorms NP and Monadhliath - Looking Ahead

	Friday 24 October	Saturday 25 October
How windy? (On the Munros)	Northerly 20 to 35mph at first, strengthening with peak winds 45 to 60mph later in day, maybe stronger north.	North to northwesterly 35 to 55mph, perhaps even stronger for periods northern hills.
Effect of wind on you?	Be prepared for deteriorating conditions with arduous becoming difficult conditions with significant, later severe, wind chill.	Be prepared for arduous if not difficult conditions with significant, perhaps even severe, wind chill and buffeting.
How wet? (Precipitation and its impact)	Frequent precipitation, snow tops.	Frequent showers, snow upper slopes.
	Frequent precipitation, perhaps even constant precipitation much of the day. Falling as snow over the tops where whiteout conditions may prevail.	Frequent showers moving in on the northerly winds. Snow falling as low as 500-600m at first, but level to which snow falls will rise to 800-900m.
Cloud on the hills?	Extensive	Extensive higher slopes
	Whilst bases will vary, be prepared for poor conditions with extensive hill fog. Bases widely around 500-700m, but perhaps lower at times in the north.	Fairly extensive coverage across higher slopes above 700-900m, perhaps down to 500m for periods N Cairngorms.
Chance of cloud free Munros?	10%	20%
Sunshine? Air clarity (below cloud)	Overcast.	Glimpses of sun, mainly in the south.
	Visibility frequently poor due to rain, very poor or at times whiteout, in summit snow.	Visibility ranging from very good to poor or very poor as showers come and go.
How Cold? (at 900m)	Around 2C. Feeling closer to -15C in the strongest winds as they pick up later in day.	-2C lifting to 1C, but feeling more like -15C in the wind.
Freezing Level	Close to highest tops	700m lifting to 1000m

Planning Outlook

All mountain areas of Britain from Friday, 24 October, 2025

A cold weekend; higher summits close to freezing point in England and Wales and below in Scotland. Substantially dry on many mountains but areas of frequent showers (hail and snow), mainly NW and W Highlands (where wind close to gale on Saturday) and north and west Wales. Some uncertainty for Sunday afternoon with threat of rain setting in on many western mountains - ahead of a less cold but often windy and wet few days.

Forecast issued at 16:25 on Wednesday, 22 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.