

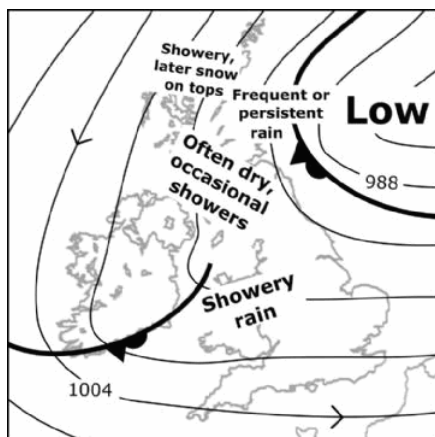
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



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## General Summary for Friday, 24 October, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 24 October, 2025

Cold northerly winds gale force across Scottish mountains. Showery in the north, most frequent precipitation for the Cairngorms, turning to snow on higher tops. Drier with some sun SW Highlands. Areas of rain extend into Borders and northern England with time. Frequently showery in Wales, particularly south.

### Headline for Cairngorms NP and Monadhliath

Gales increasingly severe on tops. Frequent or persistent rain.

## Detailed Forecast for Friday, 24 October, 2025

|                                                   |                                                                                                                                                                                                                                                                             |
|---------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the Munros)</b>                 | Northerly soon strengthening 35 to 50mph in the morning, reaching 60mph on higher mountains afternoon, toward dusk 70mph higher Cairngorms and eastern summits.                                                                                                             |
| <b>Effect of wind on you?</b>                     | <b>Arduous from dawn, but deteriorating conditions becoming difficult conditions later severe. Significant or increasingly severe wind chill on high terrain.</b>                                                                                                           |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Rain most of day north and east</b><br>Frequent precipitation, more constant much of the day northeastern areas. Patchier toward the southwest of Cairngorms. Mostly rain, but sleet over higher Cairngorms, later turning more to snow, and into night falling to 800m. |
| <b>Cloud on the hills?</b>                        | <b>Extensive</b><br>Generally poor conditions with extensive hill fog. Bases widely around 500-700m lowest in the north and east, some breaks to 900m around Ben Alder.                                                                                                     |
| <b>Chance of cloud free Munros?</b>               | <b>10%</b>                                                                                                                                                                                                                                                                  |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Overcast.<br>Visibility frequently poor due to rain.                                                                                                                                                                                                                        |
| <b>How Cold? (at 900m)</b>                        | 2C (dropping to 0C after dark).<br>Feeling like -15C in the strongest winds, colder later in day high terrain.                                                                                                                                                              |
| <b>Freezing Level</b>                             | Close to highest tops, generally above 1300m, then lowering from dusk to 900m.                                                                                                                                                                                              |

**All mountain areas of Britain from Saturday, 25 October, 2025**

**Forecast issued at 16:30 on Thursday, 23 October, 2025**

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