

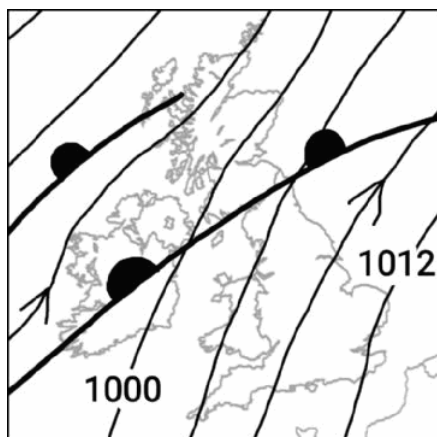
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Tuesday, 4 November, 2025



British Mountain Summary:

Based on forecast chart for noon 4 November, 2025

Strong to gale-force south to south-westerly winds bringing frequent rainfall and extensive hill fog once more, especially across England and Wales, and into western and southern parts of Scotland. Drier, with the best cloud breaks, towards north Highland and northern Cairngorm NP.

Headline for Cairngorms NP and Monadhliath

Little or no rain, cloud breaks north and east. Gales easing.

Detailed Forecast for Tuesday, 4 November, 2025

How windy? (On the Munros)	South to higher up southwesterly 40 to perhaps 50mph for a time. Easing down to 25 to 35mph in afternoon.
Effect of wind on you?	Continued difficult conditions in morning where exposed on higher areas, where wind chill significant and walking a struggle. Easing into afternoon.
How wet? (Precipitation and its impact)	Occasional drizzle west/southwest Drizzle in the wind from time to time towards Ben Alder and across Drumochter hills. Rarer spots toward Deeside and northernmost Cairngorms, often dry.
Cloud on the hills? Chance of cloud free Munros?	Cloud on higher terrain, good breaks in north. Often capping higher slopes Ben Alder to Drumochter, occasional breaks to 900m or above. Cloud base will tend to be higher progressively northeast across Cairngorms NP and Monadhliath - breaks to upper slopes toward Deeside and northernmost Cairngorms. 60%, to 40% Ben Alder to Drumochter.
Sunshine? Air clarity (below cloud)	Some sun breaking through, mainly lower slopes near Cairngorms and Deeside. Mostly cloudy west and southwestern areas; visibility good below cloud.
How Cold? (at 900m) Freezing Level	7C, locally warmer toward north. Will feel as cold as minus 5C directly in the wind in morning. Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 5 November	Thursday 6 November
How windy? (On the Munros)	Expect variable wind directions, but may turn more northeasterly 15 to 25mph later.	Southerly 25 to 35mph
Effect of wind on you?	Mostly small	Blustery, perhaps at times arduous over higher terrain. Marked chill where exposed to the wind.
How wet? (Precipitation and its impact)	Early patches of rain, fizzling out. Patches of rain and drizzle on and off early in the day, tending to fizzle out to leave dry conditions, until into the night rain may return from the south.	Early rain, then perhaps mostly dry A band of rain may from overnight may persist into morning, before clearing. Then mostly dry conditions following, though drizzle patches possible.
Cloud on the hills?	Extensive Extensive low cloud shrouding the hills throughout the day. Some local breaks, perhaps between cloud layers.	Widespread, but breaks developing. Cloud widespread on the hills from dawn, but through day cloud banks will lift and break, to become mostly confined to higher slopes, with breaks in the north.
Chance of cloud free Munros?	20%	20% lifting to 60%
Sunshine? Air clarity (below cloud)	Overcast. Visibility at times poor due to rain.	A little sun perhaps should cloud layers thin for a time. Visibility becoming good away from any drizzle.
How Cold? (at 900m)	5 to 7C	9C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 5 November, 2025

Remaining very unsettled with as a series of deep Atlantic lows, and their associated fronts, continue to cross Britain over the next week. Frequently windy, with high rainfall, particularly on western mountains (rain at some stage almost daily) and cloud will frequently cover higher areas. Only rarely cold enough for snow higher mountains in Scotland.

Forecast issued at 7:20 on Tuesday, 4 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.