

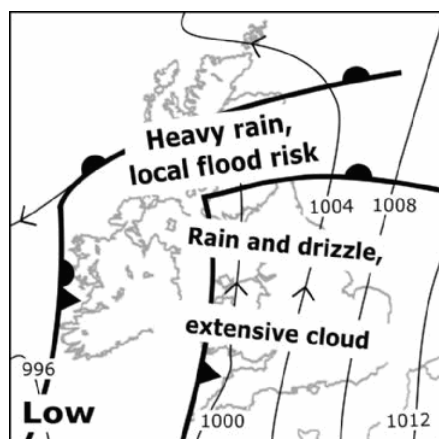
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 5 November, 2025



British Mountain Summary:

Based on forecast chart for noon 5 November, 2025

Extensive heavy rain advances north over the Highlands; the far northwest driest for longest. Rain for England and Wales tends to ease but leaves drizzle; expect flooding. Blanket low cloud most mountains, better NW Scotland. Wind varied in Scotland, stronger southerlies England & Wales. Generally mild.

Headline for Cairngorms NP and Monadhliath

Rain becoming heavy, low cloud. Locally gusty.

Detailed Forecast for Wednesday, 5 November, 2025

How windy? (On the Munros)	Mostly easterly, may turn to southeast from south; 15 to 25mph, generally lowest speed in north early in day; local gusty slopes at times 30mph develop.
Effect of wind on you?	Fairly small, occasional gustier areas may feel more noticeable.
How wet? (Precipitation and its impact)	Rain setting in persistently heavier Rain fairly persistent from before dawn, especially in south, patchier for a time Strathspey areas. Sustained heavier rain increasingly envelops the region morning into middle of day, heaviest falls most prolonged southern areas. Breaking up a little beyond dusk. Increasingly very wet underfoot, streams rising to be in spate.
Cloud on the hills?	Extensive, lowest south Extensive low cloud shrouding the hills throughout the day, to mid-lower slopes southern areas. Some local breaks, perhaps between cloud layers, best breaks overall toward north of Cairngorms early morning.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	Overcast. Visibility often poor due to rain.
How Cold? (at 900m)	5 to 7C. Feeling near freezing if exposed to wind.
Freezing Level	Above the summits

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 6 November	Friday 7 November
How windy? (On the Munros)	Southerly 25 to 35mph	South-southwesterly 15-20mph; stronger gusts likely over tops as the day goes.
Effect of wind on you?	Blustery, perhaps at times arduous over higher terrain. Marked chill where exposed to the wind.	Fairly small
How wet? (Precipitation and its impact)	Patchy rain, drier north/east A band of rain may from overnight may persist into morning, tending to fade with drier conditions especially north-northeastern areas, though drizzle patches possible, these mostly southwestern Cairngorms NP.	Chance of patchy rain south Chance of patchy rain onto southern slopes and near Drumochter; may be largely dry.
Cloud on the hills?	Widespread, but breaks developing. Cloud widespread on the hills from dawn, but through day cloud banks will lift and break, to become mostly confined to higher slopes, with breaks in the north.	Foggy summits and southern aspects High tops in fog with cloud banks drifting down to middle or at times lower southern slopes. Bases higher to the north with some odd breaks, some high Monadhliath tops perhaps briefly exposed.
Chance of cloud free Munros?	20% lifting to 60%	30%
Sunshine? Air clarity (below cloud)	A little sun perhaps should cloud layers thin for a time. Visibility becoming good away from any drizzle.	Glimpses of sun north of the high summits, overcast to the south. Excellent visibility below the cloud.
How Cold? (at 900m)	9C. Feeling close to freezing directly in the wind.	7C, rising slightly where sun is most frequent.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 6 November, 2025

South to southwesterly winds and weather fronts pushing in from the Atlantic this week will continue to bring mild and frequently wet conditions - rain most common on western mountains with extensive low cloud, lowest on south-facing coastal hills. Meanwhile, north and northeast Scotland will generally see very little rain and higher cloud breaks. Some windows of drier weather more widely, an indication of improvement over the coming weekend, but timing of the driest weather and least wind is somewhat uncertain at this stage. Toward mid-November favours higher pressure becoming established with time, possible E-SE'ly winds developing, offering better weather in the west.

Forecast issued at 15:33 on Tuesday, 4 November, 2025

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