

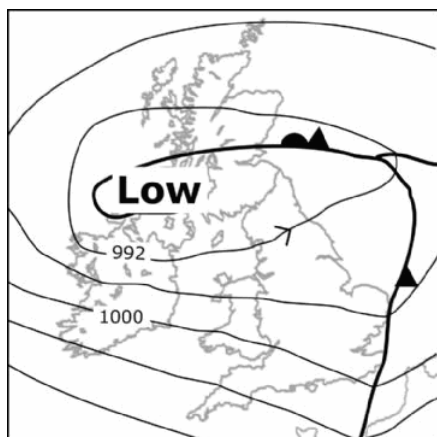
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Sunday, 23 November, 2025



British Mountain Summary:

Based on forecast chart for noon 23 November, 2025

Low pressure will dominate the weather bringing areas of strong winds, rain (or snow on higher areas) and extensive fog to the hills - whiteout in places mainly southern Highlands. Windiest in Wales where upland gales will strengthen, whilst least windy S Scotland.

Headline for Cairngorms NP and Monadhliath

Windy; frequent rain or snow. Higher areas frozen.

Detailed Forecast for Sunday, 23 November, 2025

How windy? (On the Munros)	Easterly, in the range 25 to 35mph.
Effect of wind on you?	Expect arduous walking where exposed; in places sudden gusts will reach lower slopes. Considerable wind chill.
How wet? (Precipitation and its impact)	Rain or higher up snow on and off Precipitation intermittently, most likely focussed on southern and eastern hills in Cairngorms NP where whiteout possible. Snow above 600-900m.
Cloud on the hills?	Extensive across the mountains Persistent fog most mountains, widely above 500 to 700m - perhaps reaching 900m near Cairngorm ski centre and west of the A9.
Chance of cloud free Munros?	Less than 10%
Sunshine? Air clarity (below cloud)	Cloudy or dull; general visibility very good, but widely foggy on the hills.
How Cold? (at 900m)	Around 0C. Will feel as cold as minus 10C directly in the wind.
Freezing Level	800 to 1050m (poorly defined); some lower areas may still be partly frozen.

Cairngorms NP and Monadhliath - Looking Ahead

	Monday 24 November	Tuesday 25 November
How windy? (On the Munros) Effect of wind on you?	but- may reach 35, perhaps 40mph Cairngorms east to Lochnagar. Walking arduous, particularly near precipitation, where in sudden gusts balance likely to be difficult.	Northerly gradually backing westerly. A prolonged lull of 10-15mph, but perhaps 25mph post dawn. Small
How wet? (Precipitation and its impact)	Frequent snow and hail showers Frequent hail or snow showers above 400m, particularly Cairngorms and Deeside, where precipitation at times constant. Fewest showers (generally flurries) southern summits in Cairngorms NP east to Ben Alder.	Snow/hail showers mainly Cairngorms Showers, of hail or snow above about 400m, mainly Cairngorms and Deeside in morning. Rare if any flurries elsewhere.
Cloud on the hills? Chance of cloud free Munros?	Extensively covering higher areas; highest cloud base toward south Cairngorms east to Lochnagar: cloud base varying as showers coming and going: typically 600m, but shafts of cloud below 400m near precipitation. Higher cloud base southern summits in Cairngorms NP east to Ben Alder, here breaks to 900m. 10%	Varied; some higher tops clearing, most remaining in cloud. Generally, cloud base 700 to 900m - the cloud widespread Cairngorms eastward until afternoon. Elsewhere, cloud will lift off some higher summits, whilst 'hanging' on some slopes and in corries all day. 20% Cairngorms to 40% elsewhere
Sunshine? Air clarity (below cloud)	Bursts of sunshine, mainly or only southern summits in Cairngorms NP east to Ben Alder. Very poor or appalling visibility in snow, but otherwise, very good.	Bursts of bright sunshine, though little sun east from Cairngorms. The air very clear so excellent visibility, but fog frequently on higher slopes.
How Cold? (at 900m) Freezing Level	-1C Will feel as cold as minus 12C directly in the wind. 700m.	-1C Around 750m, rising slowly through day. Some frozen ground lower slopes after frost in valleys.

Planning Outlook

All mountain areas of Britain from Monday, 24 November, 2025

After a brief burst of cold air on Monday and Tuesday winds will turn westerly. It will be milder with a week or more frequent rain and upland gales, particularly on western mountains. In Scotland, temperatures on the Munros will sometimes be below freezing point, but fresh snow transient, whereas elsewhere, snow rare, if any.

Forecast issued at 14:39 on Saturday, 22 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.