MOUNTAIN WEATHER INFORMATION SERVICE

Cairngorms NP and Monadhliath

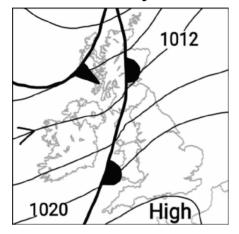
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 26 November, 2025



British Mountain Summary: Based on forecast chart for noon 26 November, 2025

Scotland: Southerly gales with hill fog extend east to become very extensive with rain and drizzle; transient snow upper slopes. England and Wales: Strengthening southerly winds with hills filling in with low cloud with patchy rain and drizzle.

Headline for Cairngorms NP and Monadhliath

Dry start, hills initially clear, before hill fog moves in with patchy rain and snow. Gales for a time.

Detailed Forecast for Wednesday, 26 November, 2025

How windy? (On the Munros)	South to south-westerly soon 45 to 55mph. Will veer more westerly late in day and ease a little.	
Effect of wind on you?	Some easing through afternoon, but extensively difficult walking where exposed with powerful gusts and considerable wind chill	
How wet?	Rain and drizzle now and again	
(Precipitation and its impact)	Rain and drizzle spreading east morning (snow above 700m for a few hours). The rain off and on, and generally light northern Cairngorms NP; very little at all Deeside.	
Cloud on the hills?	Becoming very extensive higher areas	
	Some higher slopes initially cloud free, especially easternmost hills. Will gradually deteriorate as cloud forms above 450 to 600 m east from Ben Alder to S Cairngorms NP; but 700 to 1000m elsewhere, highest Deeside and near Cairngorm ski centre.	
Chance of cloud free Munros?	60% at first, dropping to less than 10%	
Sunshine? Air clarity (below cloud)	Pockets of weak sun lower slopes near Cairngorms; otherwise gradually becoming extensively dull and misty.	
How Cold? (at 900m)	-1C rising to 3C through daylight. Will feel as cold as minus 14C directly in the wind.	
Freezing Level	750m morning; gradually transitioning to above the summits. Frost into glens at dawn.	

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Cairngorms NP and Monadhliath - Looking Ahead

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	Thursday 27 November	Friday 28 November
How windy? (On the Munros)	South to southwesterly, strengthening through day, & quickly with height to widely 60mph where exposed on higher	Southwesterly 50 to 70mph, perhaps topping 80mph for a time over northern tops in the morning.
Effect of wind on you?	Severe wind chill and walking difficult. Where exposed on higher areas, generally mobility a struggle.	Extensively difficult or very difficult conditions with severe wind chill and buffeting. Strong gusts into glens.
How wet?	Rain on and off	Showers increasingly, snow upper slopes.
(Precipitation and its impact)	Pulses of rain, most frequent Ben Alder and southern Cairngorms NP, very little toward Deeside.	Showers increasingly moving in. Most widely to hills from Ben Alder to Drumochter. Snow above 700m or so. Few reaching eastern hills.
Cloud on the hills?	Mountains persistently foggy.	Occasional covering tops
	Persistent cloud from 300 to 550m Ben Alder and southern Cairngorms NP. Elsewhere, cloud base between 600m and 1000m (generally highest Deeside and near Cairngorm ski centre).	Bases varying markedly, but extensively covering tops Ben Alder to Drumochter. More on and off tops elsewhere, down to 700-800m in showers.
Chance of cloud free Munros?	10%	40%
Sunshine? Air clarity (below cloud)	Rare glimpses of weak sun lower slopes northernmost Cairngorms/Deeside.	Occasional sun, perhaps frequent in east.
	Visibility widely poor in rain; otherwise hazy.	Visibility ranging from very good, to poor or very poor in showers.
How Cold? (at 900m)	7C. Will feel as cold as minus18C directly in the wind.	0 or -1C
Freezing Level	Above the summits.	800-900m

Planning Outlook

All mountain areas of Britain from Thursday, 27 November, 2025

A long series of Atlantic lows passing north of or across Britain will bring high rainfall to western mountains together with frequent upland gales (sometimes stormy) and low cloud. Temperatures on higher tops sometimes below freezing point, particularly at the weekend in Scotland, but elsewhere fresh snow transient.

Forecast issued at 15:06 on Tuesday, 25 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.