MOUNTAIN WEATHER INFORMATION SERVICE

Cairngorms NP and Monadhliath

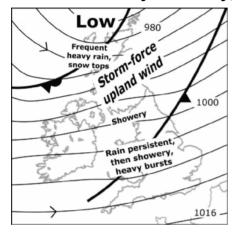
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 28 November, 2025



British Mountain Summary: Based on forecast chart for noon 28 November, 2025

Stormy conditions over Scottish mountains, easing only toward dusk; frequent or persistent rain and hill snow, heaviest western mountains. Severe gales high tops England & Wales, squally stormy gusts for a time with heavy bursts of rain.

Risk of hail and isolated thunder, mainly western areas.

Headline for Cairngorms NP and Monadhliath

Stormy mountains winds most of day. Showery rain, snow tops.

Detailed Forecast for Friday, 28 November, 2025

| How windy? (On the Munros) | Southwesterly 70 to 80mph, gusts to 100mph higher Cairngorms until early afternoon; peak speeds gradually lessening, from dusk starting to drop toward 40mph, then less into night. | | |
|---|--|--|--|
| Effect of wind on you? | Extensively very difficult conditions with severe wind chill and buffeting - any mobility challenging mid-heights upward. Strong gusts into glens. Improving only from dusk onward. | | |
| How wet? (Precipitation and its impact) | Showers increasingly, snow upper slopes Showers increasingly frequent. Most common on hills from Ben Alder to Drumochter. Falling as snow above 800m, possible hail in heavier bursts. Few brief showers reaching eastern hills. | | |
| Cloud on the hills? | Occasionally covering tops | | |
| | Bases varying markedly, but extensively covering tops Ben Alder to Drumochter. More on and off tops elsewhere, down to 700-800m in showers. | | |
| Chance of cloud free Munros? | 40% | | |
| Sunshine? Air clarity (below cloud) | Occasional sun, perhaps frequent in east. | | |
| | Visibility ranging from very good, to poor or very poor in showers. | | |
| How Cold? (at 900m) | 0 or 1C. Wind chill feeling like -15 to -20C. | | |
| Freezing Level | 900 to 1000m | | |

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Cairngorms NP and Monadhliath - Looking Ahead

| | Saturday 29 November | Sunday 30 November |
|--|---|--|
| How windy? (On the Munros) Effect of wind on you? | Northerly, 15 to 25mph, may increase to 30-35mph through day. Be prepared for significant wind chill in the north wind and some buffeting, | Northeasterly 10 to 20mph, but may drop light and variable. Then likely to strengthen southerly into night, risk 40-50mph. Marked wind chill in exposure for a time, but likely becoming small. |
| | which may increase through day. | Risk deteriorating onward into night. |
| How wet? | Scattered snow and hail showers | Local flurries |
| (Precipitation and its impact) | Scattered snow and hail showers, becoming increasingly confined to northern parts. May ease away completely. | Occasional snow flurries mostly northern Cairngorms to areas north from Deeside. |
| Cloud on the hills? | Varying, covering tops fairly widely. | Risk cloud banks slow to clear N/E |
| | Cloud cover variable across area, but scope for fairly extensive coverage across the tops above 800-1000m, with the best breaks in the south. | Cloud banks may shroud higher and northern Cairngorms above 800-1000m in the morning at least. Cloud more broken south & westwards. Tending to break up, but some patches may cling all day. |
| Chance of cloud free Munros? | 30% | 50% |
| Sunshine? Air clarity (below cloud) | A mix of cloud and patchy sun; the latter mostly in the south. Visibility excellent, but poor or very poor in showers. | Cloudy northern areas, some sun toward south, may become sunnier widely. Visibility excellent out of cloud. |
| How Cold? (at 900m) | -2C | -2 or -3C, small variation with height. Feeling nearer -10C if exposed to breeze. |
| Freezing Level | 600m | Much terrain frozen with frost into glens, only partial thawing lowest sunlit slopes up to around 400-500m. |

Planning Outlook

All mountain areas of Britain from Saturday, 29 November, 2025

Colder over the weekend with the mountains near or below freezing point, including frost into glens in Scotland by Saturday night. A small scale low on Saturday most likely affects England and Wales bringing rain, upland snow and a core of strong winds for a time. Sunday then mostly dry, bright and cold. Next week, Atlantic lows passing across or just north of Britain will bring frequent rainfall to western mountains together with upland gales. A mix of chilly westerly air and some milder southwesterlies. Freeze-thaw cycles, with periods of fresh snow mostly for Scottish hills, briefly high tops elsewhere.

Forecast issued at 16:30 on Thursday, 27 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.