#### MOUNTAIN WEATHER INFORMATION SERVICE

## **Cairngorms NP and Monadhliath**

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

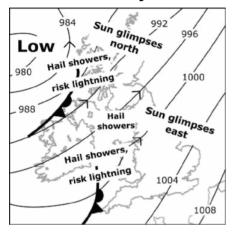


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### General Summary for Tuesday, 2 December, 2025



# British Mountain Summary: Based on forecast chart for noon 2 December, 2025

Hail showers will frequent west coast hills fairly widely; snow on the highest tops with risk of isolated lightning. Drier inland, particularly northeast Scotland where sunny bursts will occur. Chilly, feeling cold in a brisk southwesterly wind; this easing in Wales and south Pennines afternoon.

#### Headline for Cairngorms NP and Monadhliath

Strong wind; cloud and odd showers south and west

## Detailed Forecast for Tuesday, 2 December, 2025

How windy? (On the Munros)	Southwesterly 30-40mph; stronger higher Cairngorms, risk gusts up to 45mph.	
Effect of wind on you?	Strenuous walking all day, increasingly arduous in exposure where stronger gusts may require bracing to maintain stability. Significant wind chill.	
How wet?	Odd showers towards central highlands, dry elsewhere	
(Precipitation and its impact)	Some pre-dawn showery rain in the northeast Cairngorms clears to the east. Chance of odd brief showers, with snow above 800m, most likely areas from Ben Alder to southern Monadhliath.	
Cloud on the hills?	Most persistent south, high breaks north	
	Banks of cloud may linger on southern slopes in Cairngorms NP and Deeside, to some mid-slopes or lower in morning, but northward from Drumochter bases higher, more often above 900m with breaks above tops. Northern Cairngorm and Monadhliath slopes often clear.	
Chance of cloud free Munros?	20% south, to 60% north.	
Sunshine? Air clarity (below cloud)	Occasional sun north of the Cairngorm plateau. Visibility excellent.	
How Cold? (at 900m)	0 or 1C. Wind chill feeling like -10 to -13C.	
Freezing Level	900 to 1000m.	

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#### Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 3 December	Thursday 4 December
How windy? (On the Munros)	South-southwesterly 30-40mph; gusty over tops, particularly early, up to 50mph. Easing later into night.	Southeasterly 30-35mph, typically strongest east and early, 40mph. May ease central highlands later.
Effect of wind on you?	Strenuous walking most of the day; early balance challenges early in exposure. Significant wind chill.	Strenuous walking in exposure through morning, perhaps most of the day east; an easing trend west. Feeling chilly.
How wet?	Some snow showers, mostly south/west	Patchy rain south and east
(Precipitation and its impact)	Isolated light showers onto south Cairngorms and Drumochter, falling as snow above 800-900m though minimal accumulation. Showers increasingly frequent afternoon.	Occasional patchy rain (snow on high tops) drifts onto southern Cairngorms and around Ben Alder. Patches more frequent Deeside, may set in for periods. Largely dry northern slopes of Cairngorms and Monadhliath.
Cloud on the hills?	High terrain and southern slopes	Mostly tops and south aspects, lowest east
	Fog covers the high summits and upper southern slopes, including Monadhliath; lowest bases around Drumochter, down to 700m at times. Mostly just high terrain north of high tops with many slopes out of fog.	High Cairngorms largely shrouded with banks down southern slopes, lowest Deeside where bases will reach 600-700m with lower banks; some variability. Patchy but broken cloud will drift around northern slopes, best clear periods northern Monadhliath.
Chance of cloud free Munros?	20% to 50% northern Monadhliath	30%; 60% north Monadhliath
Sunshine? Air clarity (below cloud)	Best of sunshine low slopes of northern Cairngorms and Monadhliath, largely overcast elsewhere.	A few sunny breaks northernmost slopes, little sun elsewhere. Very good visibility, some haze Deeside.
How Cold? (at 900m)	0 to 1C. Feeling like -13C in direct strongest wind.	1 or 2C with some variability, typically coolest central highlands.  Feeling like -10C or cooler in direct wind.
Freezing Level	900-1000m	1000-1200m, lowest near Ben Alder; may vary.

#### **Planning Outlook**

#### All mountain areas of Britain from Wednesday, 3 December, 2025

Low pressure circulating to the west and north will dominate the weather for the next 7 to 10 days, bringing generally unsettled weather. A brief period of slack pressure on Thursday into Friday will ease winds for a time though patchy rain will linger in several areas. Strong southwesterly winds return over the weekend bringing cloud and rain to many mountains, most persistent on southwestern slopes. Several low pressure systems with continue crossing the British Isles through the week; often showery and cloudy in the west with broader bands of rain regularly passing east. Wind speed likely to vary though often quite strong with risk of gales coming and going. Brighter, drier periods will punctuate the unsettled weather next week but these likely short-lived.

#### Forecast issued at 16:10 on Monday, 1 December, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.