

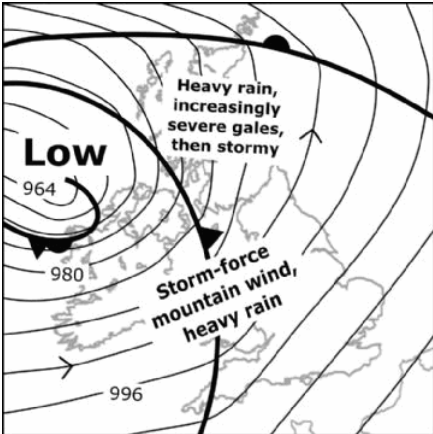
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Tuesday, 9 December, 2025



British Mountain Summary: Based on forecast chart for noon 9 December, 2025

Severe conditions becoming widespread and lasting onward into the night and Wednesday - stormy conditions, hurricane-force winds on higher mountains. Heavy rain sweeping northwards across Scotland during the day, breaking up into showers for England & Wales; flooding likely.

Headline for Cairngorms NP and Monadhliath

Heavy rain and increasingly stormy winds.

Detailed Forecast for Tuesday, 9 December, 2025

How windy? (On the Munros) Effect of wind on you?	Southeasterly rapidly strengthening from dawn to 50mph, gusts 60-70mph higher Cairngorms developing, turning southerly by midday. Strengthening further during afternoon to reach 80mph, up to SW'ly 100mph by evening into night higher Soon deteriorating from dawn to make mobility difficult, powerful gusts could knock you over on downslopes N/W of major hill groups. By later daytime and after dark, increasingly severe conditions low-levels upward.
How wet? (Precipitation and its impact)	Persistent rain soon sets in, flood risk Patchy rain arrives from the southwest before dawn, soon spreading widely with heavy bursts well into the day. A breaking trend into showery rain later, though later evening frequent or setting in again; into night turning to snow above 1000- 1100m. Beware fast-rising streams and flood risk.
Cloud on the hills?	Soon extensive Fog over the high Cairngorm plateau and down to middle southern slopes soon fills in widely across middle slopes, down to low slopes in the south. Highest bases northwest Cairngorms and north Monadhliath, 500-600m.
Chance of cloud free Munros?	Less than 10%
Sunshine? Air clarity (below cloud)	Soon widely overcast and dull. Poor visibility.
How Cold? (at 900m) Freezing Level	3 or 4C, rising to 7 or 8C for several hours, sharply cooling later, to 2C into night. Feeling like -10C in strongest daytime wind; colder into the night. Above the summits until after dark, then onward into night lowering to around 1200m.

All mountain areas of Britain from Wednesday, 10 December, 2025

Forecast issued at 16:00 on Monday, 8 December, 2025

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