

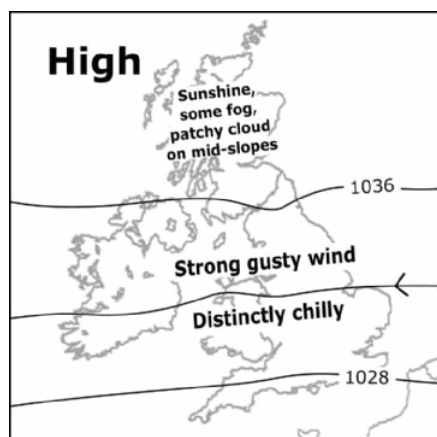
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 26 December, 2025



British Mountain Summary:

Based on forecast chart for noon 26 December, 2025

Generally dry for all areas, sunshine over most Scottish mountains - tops warmer than glens above an inversion; patchy low-level fog or cloud banks some slopes. Easterly winds remain strong and gusty England and Wales, feeling bitterly cold in exposure despite plenty of sun.

Headline for Cairngorms NP and Monadhliath

Sunshine, patchy cloud toward southeast, mostly light wind.

Detailed Forecast for Friday, 26 December, 2025

How windy? (On the Munros) Effect of wind on you?	East to northeasterly or variable, 10mph or less most areas, local gusts 15-20mph southern Cairngorms NP. Increasing northeasterly 20-25mph into night. Mostly small.
How wet? (Precipitation and its impact)	Precipitation rare if any Locally chance of brief snow grains on easternmost hills around Deeside, occasional drizzly spots lower slopes.
Cloud on the hills? Chance of cloud free Munros?	Many tops clear, some cloud banks south/east hills Patchy fog mainly glens or lower slopes. Some cloud banks mostly around Deeside perhaps areas near Glen Garry on some slopes in range 600 to 1000m; higher tops likely above this cloud. Largely clear hills around Strathspey. 80% (higher tops above cloud locally)
Sunshine? Air clarity (below cloud)	Sunshine best around Strathspey to Glenmore, and widely over higher tops, locally cloudier southeast. Visibility excellent, some mist lower down.
How Cold? (at 900m) Freezing Level	0 to 2C, small variation with height, some corries and glens stay colder, whilst highest tops up to 4 or 5C. Frost in many inland glens, all day out of sunlight; terrain at least partly frozen higher up, but air temperature above freezing on higher tops.

All mountain areas of Britain from Saturday, 27 December, 2025

Dry weather continues into the weekend as a strong area of high pressure resides near or north of Scotland. Inversion conditions Scottish mountains, high tops generally above freezing and above most patchy cloud, some frost and fog in glens. Gusty east-northeasterly wind increasing for Scotland by Saturday, easing again for Sunday. Strong and gusty winds prevail for England and Wales, often cloudy, a little light rain occasionally Pennines; some sun toward west. Next week generally sees lower temperatures on high terrain, sub-zero over most mountains through New Year. Small amounts of precipitation, occasional showers or snow flurries, winds north or northwesterly.

Forecast issued at 7:10 on Friday, 26 December, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.