MOUNTAIN WEATHER INFORMATION SERVICE

Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



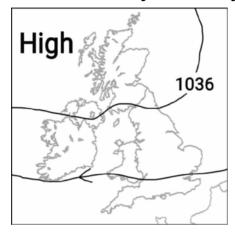
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General Summary for Sunday, 28 December, 2025



British Mountain Summary: Based on forecast chart for noon 28 December, 2025

High pressure brings dry and sunny conditions to the Highlands with little wind and the mountains clear, although some fog in the glens. Elsewhere, an east wind will continue to feed cloud into the Scottish Borders, N Pennines, and east Wales with scope for spots of drizzle. Still dry and sunny toward west coast.

Headline for Cairngorms NP and Monadhliath

Light winds with sun and mountains clear, above patchy fog. Terrain mostly frozen.

Detailed Forecast for Sunday, 28 December, 2025

How windy? (On the Munros)	North to northeasterly or variable, 10mph or less.	
Effect of wind on you?	Small	
How wet? (Precipitation and its impact)	Dry all day	
Cloud on the hills?	None expected	
	Fog patches some glens, perhaps an odd pocket of mist in some corries. Otherwise the mountains clear.	
Chance of cloud free Munros?	Above 90%	
Sunshine? Air clarity (below cloud)	Widely sunny, though a layer of thin high cloud for a few hours. Visibility excellent.	
How Cold? (at 900m)	3C, inversion conditions - hills warmer than lower slopes all day - up to 5C highest summits.	
Freezing Level	Frost in glens and lower slopes, also in some upland hollows and corries, all day out of sunlight; above freezing on tops.	

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Cairngorms NP and Monadhliath - Looking Ahead

	Monday 29 December	Tuesday 30 December
How windy? (On the Munros) Effect of wind on you?	Northeast 15 to 25mph, may be calm over tops early in day above inversion, before wind picks up as inversion breaks down. Mostly small, but considerable wind chill where exposed to the wind.	Northerly 15 to 25mph Fairly blustery at times with considerable wind chill.
How wet? (Precipitation and its impact)	A little patchy precipitation from cloud Mostly dry, but scope for a little patchy spots of light rain or snow grains from the banks of low cloud.	Snow flurries, mainly north. A few snow flurries into the north Cairngorms. Otherwise, likely dry. Into the night, chance of a weak cold front edging south with a narrow band of light snow.
Cloud on the hills?	Cloud banks, tops initially clear above.	Patches of banks, may be persistent in north.
	Cloud banks from 500-1000m, highest tops may be clear for a time, before banks lift onto all higher terrain above 700m. Best breaks and patchier cloud in west.	Banks of low cloud on upper slopes from 700m upwards, may be fairly persistent across the northern Cairngorms.
Chance of cloud free Munros?	30%	40% north, 70% south.
Sunshine? Air clarity (below cloud)	Mostly dull, clearer with sunshine in southwest, and perhaps tops for a time. Visibility mostly very good, away from any precipitation.	Broken cloud and sun, may be mostly cloudy in the north. Visibility very good, away from any snow flurries.
How Cold? (at 900m)	Around 0C	-3C
Freezing Level	Morning frost in glens/corries and initially tops above inversion, plus 2C, but turning colder on tops as freezing level stabilises	Terrain frozen from lower slopes upwards, with frost into the glens in morning.

Planning Outlook

All mountain areas of Britain from Monday, 29 December, 2025

Early next week, high pressure still dominates, but generally colder air becoming entrained into its circulation from the north, which sees lower temperatures on high terrain. Small amounts of precipitation, occasional showers or snow flurries. Later in the week, a stronger and colder northerly may develop with snow and hail showers becoming frequent in the north and down coastal extremities elsewhere.

Forecast issued at 14:40 on Saturday, 27 December, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.