

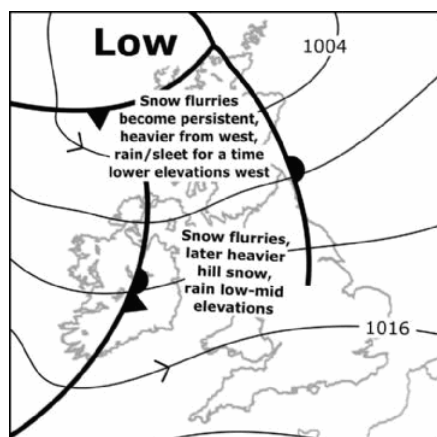
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Tuesday, 6 January, 2026



British Mountain Summary:

Based on forecast chart for noon 6 January, 2026

Intermittent snowfall to lower slopes pushes widely eastwards, increasingly more prolonged and heavier snow from the west across the Highlands, though near the west coast becoming sleet or rain to mid-heights. Hill snow and rain lower down setting in for England and Wales from the west afternoon. Wind varied, but tending to strengthen.

Headline for Cairngorms NP and Monadhliath

Snow on and off, heavier with time. Varied but increasing wind.

Detailed Forecast for Tuesday, 6 January, 2026

How windy? (On the Munros)	West-southwesterly 20-25mph, rising with time, reaching 40mph or higher over the summits. Shifting northerly after dark, rising to 50-60mph further into night.
Effect of wind on you?	Walking increasingly strenuous with time and significant wind chill, some variability.
How wet? (Precipitation and its impact)	Snow sets in, becoming heavy Bands of patchy snow pass east through the morning, setting in as widespread snow for most of the afternoon and into nighttime, some sustained heavy falls again to lower slopes.
Cloud on the hills?	Becoming extensive Variable for several hours, often shrouding the high tops with lowest bases to the west, reaching 600-700m during snow. Some higher breaks in the east for a time. Filling in widely to middle or lower slopes with time as snow sets in.
Chance of cloud free Munros?	Lowering to 10% with time
Sunshine? Air clarity (below cloud)	Sunshine unlikely. Moments of very good visibility early, though increasingly appalling as snow sets in with whiteout conditions.
How Cold? (at 900m)	-2 or -3C, becoming colder into nighttime. Feeling as cold as -18C in the wind.
Freezing Level	Terrain widely frozen from the glens upward.

All mountain areas of Britain from Wednesday, 7 January, 2026

Freezing conditions persist this week - some changes by the weekend as Atlantic lows try to circulate further northwards, bringing a period of thawing mainly to England and particularly Wales, whilst Scottish mountains may see brief if any periods of above-freezing conditions even onward into mid-month. Complex weather systems, with potentially a deep low moving across southern Britain by Thursday-early Friday this week which may bring some snowfalls to Wales and the southern Pennines. Often lighter winds in Scotland for a few days, but another low may track further north later in weekend bringing widespread gales, and mostly rain to England and Wales, snow and lowland rain to Scotland.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.