

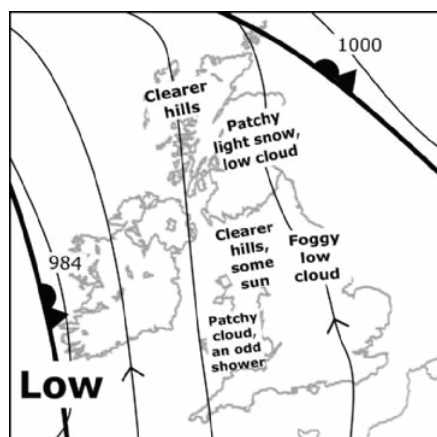
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 28 January, 2026



British Mountain Summary:

Based on forecast chart for noon 28 January, 2026

A fairly quiet day with plenty of dry weather and some good cloud breaks toward the west and northwest of major hill groups. Some snow flurries and low cloud lingers over the Cairngorms to SE Highlands. Moderate S-SE wind, locally gusty.

Headline for Cairngorms NP and Monadhliath

Substantial drifts. Snow flurries, lowest cloud south.

Detailed Forecast for Wednesday, 28 January, 2026

How windy? (On the Munros)	South to southeasterly, overnight gales ease up to dawn, soon 20-25mph or in places less, local gusty spots around higher tops and around some northern corries.
Effect of wind on you?	Fairly small effect on walking many areas, some occasional gusty spots not necessarily on highest terrain may be noticeable and feeling chillier.
How wet? (Precipitation and its impact)	A little snow / rain mainly morning Snow flurries mostly east in morning, amounts small and tending to fizzle out with time, rain or sleet up to 700m; patchier or very little toward Strathspey.
Cloud on the hills?	Extensive, lowest south Shrouding much high terrain all day, to some mid-slopes Deeside to Glen Garry. Cloud higher and more broken to the north and west of the Cairngorm plateau, breaks to some tops Monadhliath.
Chance of cloud free Munros?	20%, up to 60% Monadhliath.
Sunshine? Air clarity (below cloud)	Largely cloudy, moments where sun breaks through with time, mostly in north. Whiteout if in cloud over snow cover; visibility good below cloud in north.
How Cold? (at 900m)	0C. Feeling locally like -7C if exposed to a gustier breeze.
Freezing Level	800 to 900m, locally just above freezing on some higher slopes toward Strathspey.

All mountain areas of Britain from Thursday, 29 January, 2026

Slow-moving weather patterns and a broadly similar regime to recent times over the next week or so. Scottish mountains generally below freezing point, with snow cover and drifts most substantial from the Cairngorms to central and southern Highlands, some additional falls in the week ahead, much less northwestward. Hills in England and Wales will see varying freezing levels, sub-zero for periods to 600m or lower, but intermittently lifting just above the tops - a mix of rain and upland snowfall. Wind speed will vary, some periods of lower speeds than recently, though gusty SE'ly winds remain common in the Highlands. Scope for widely colder conditions toward mid February.

Forecast issued at 16:30 on Tuesday, 27 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.