

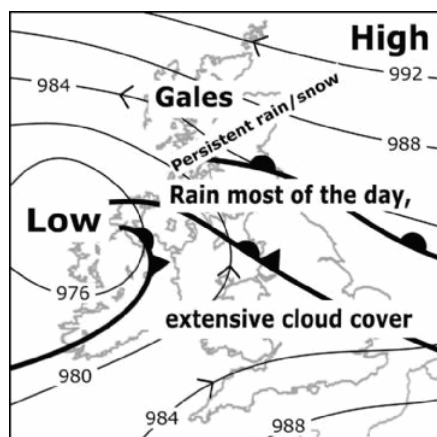
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 11 February, 2026



British Mountain Summary:

Based on forecast chart for noon 11 February, 2026

Windy for many, gale force gusts in Scotland, most powerful west. Snowing south and east Highlands (whiteout on high terrain), only patchy west; rain to lower slopes at first. Extensive cloud from southern Scotland through England and Wales and often raining, heaviest south and west slopes. Lighter wind southern Pennines.

Headline for Cairngorms NP and Monadhliath

Windy, gale force gusts; near-constant snow, whiteout over snow cover

Detailed Forecast for Wednesday, 11 February, 2026

How windy? (On the Munros)	Easterly 35-40mph sustained speeds, but also gusty on high terrain, strongest gusts reaching up to 50mph.
Effect of wind on you?	Walking widely strenuous, arduous on high terrain where buffeting gusts may require bracing to maintain balance. Significant wind chill.
How wet? (Precipitation and its impact)	Snow; most persistent to the east Frequent snow much of region, most constant around Deeside/east Cairngorms; mostly rain into glens and lower slopes. Only patchy snow further east, generally lightest and most patchy west of Aviemore. Falling as rain into glens and low slopes at first.
Cloud on the hills?	Blanket of fog across most mountains Most hills persistently cloud covered above 500 to 600m - or lower Deeside. Some higher bases west of Strathspey, may reach up to 800m.
Chance of cloud free Munros?	10% Monadhliath, almost nil elsewhere
Sunshine? Air clarity (below cloud)	Overcast, dull or murky. Very poor or appalling visibility in snow, whiteout where over snow cover.
How Cold? (at 900m)	-2 or -3C from dawn, dropping a degree by nightfall, locally lowering further overnight. Will feel as cold as -15 to -18C directly in the wind.
Freezing Level	500-600m from dawn, lowering to 400m fairly widely by dark, lowering further overnight.

All mountain areas of Britain from Thursday, 12 February, 2026

Unsettled weather returns on Sunday, with a more active week likely to follow, dominated by west-to-northwesterly winds - most precipitation in the west with some freeze-thaw cycles in central and southern areas.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.