

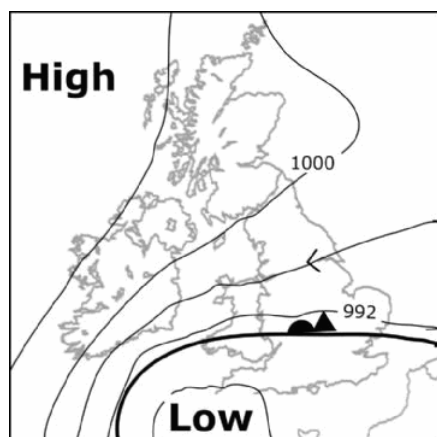
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Friday, 13 February, 2026



British Mountain Summary:

Based on forecast chart for noon 13 February, 2026

A change in the pattern as cold air will have extended south overnight. Nearly all mountain terrain frozen in Scotland whilst further south, particularly higher terrain progressively freezes. Patches of snow, at times persistent Wales, but otherwise total precipitation small.

Headline for Cairngorms NP and Monadhliath

Risk snow showers. Nearly all terrain frozen.

Detailed Forecast for Friday, 13 February, 2026

How windy? (On the Munros)	Northerly 20mph. Abruptly gusty near showers (mainly Deeside).
Effect of wind on you?	Mostly small; nevertheless sudden buffeting and considerable wind chill near showers.
How wet? (Precipitation and its impact)	Snow flurries or showers, mainly Deeside Deeside: Snow and hail showers, some heavy, and perhaps frequent over an hour or two. Elsewhere, a few snow or hail showers or flurries, mainly afternoon.
Cloud on the hills?	Cloud base varying; lowest and most persistent Deeside Deeside: Cloud base varying typically from 500m near precipitation to otherwise 600 to 800m - although perhaps a few breaks to 1000m. Elsewhere: well scattered cloud, rarely below 900m and breaks to 1100m, perhaps 1300m.
Chance of cloud free Munros?	40%
Sunshine? Air clarity (below cloud)	Deeside: Sunshine at times, often excellent visibility but very poor in snow. Elsewhere: Patchwork of bright sun and superb visibility.
How Cold? (at 900m)	-5 or -6C.
Freezing Level	Nearly all terrain frozen although partial thawing lower, mainly sunlit slopes.

All mountain areas of Britain from Saturday, 14 February, 2026

Widespread snow and severe upland gales Saturday night followed by very blustery showery conditions on Sunday - although a temporary thaw at least on lower slopes. Otherwise very much drier over the coming week. Bright sunshine and excellent visibility frequently on many mountain areas, although hail and snow showers in some areas with most upland areas frequently frozen.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.