

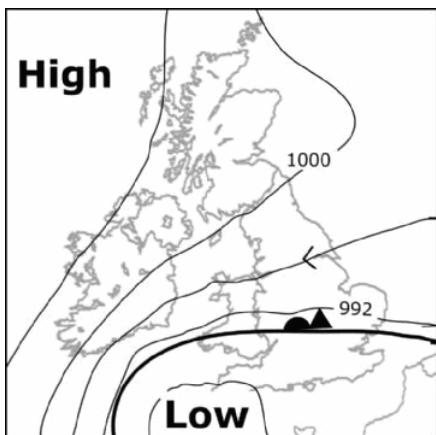
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 13 February, 2026



British Mountain Summary:

Based on forecast chart for noon 13 February, 2026

A change in the pattern as cold air will have extended south overnight. Nearly all mountain terrain frozen in Scotland whilst further south, particularly higher terrain progressively freezes. Patches of snow, at times persistent Wales, but otherwise total precipitation small.

Headline for Cairngorms NP and Monadhliath

Risk snow showers. Nearly all terrain frozen.

Detailed Forecast for Friday, 13 February, 2026

How windy? (On the Munros)	Northerly 20mph. Abruptly gusty near showers (mainly Deeside).
Effect of wind on you?	Mostly small; nevertheless sudden buffeting and considerable wind chill near showers.
How wet? (Precipitation and its impact)	Snow flurries or showers, mainly Deeside Deeside: Snow and hail showers, some heavy, and perhaps frequent over an hour or two. Elsewhere, a few snow or hail showers or flurries, mainly afternoon.
Cloud on the hills?	Cloud base varying; lowest and most persistent Deeside Deeside: Cloud base varying typically from 500m near precipitation to otherwise 600 to 800m - although perhaps a few breaks to 1000m. Elsewhere: well scattered cloud, rarely below 900m and breaks to 1100m, perhaps 1300m.
Chance of cloud free Munros?	40%
Sunshine? Air clarity (below cloud)	Deeside: Sunshine at times, often excellent visibility but very poor in snow. Elsewhere: Patchwork of bright sun and superb visibility.
How Cold? (at 900m)	-5 or -6C.
Freezing Level	Nearly all terrain frozen although partial thawing lower, mainly sunlit slopes.

Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 14 February	Sunday 15 February
How windy? (On the Munros)	West later southerly, initially 20-30mph before a prolonged lull of 10-15mph. Strengthening from dusk.	At first, a very gusty 55mph, then perhaps a slight lull for a few hours. From about midday westerly 30 to sometimes 40mph.
Effect of wind on you?	Soon small - but very difficult conditions quickly developing into the night.	Significant wind chill and widely arduous walking on higher areas; particularly difficult conditions at first and near precipitation.
How wet? (Precipitation and its impact)	Precipitation not expected	Hail and snow showers Persistent snow at first clearing within a few hours following dawn. In afternoon, hail and snow showers - most frequent west of A9.
Cloud on the hills?	Little or none Most hills free of cloud,. Here and there, cloud persisting higher slopes and corries.	Almost persistently covering higher mountains; varied cloud base. Sometimes breaking to near or above 1000m at least fleetingly, but overall extensive cloud above 750m, and sometimes forming below 600m near precipitation.
Chance of cloud free Munros?	90%	10%
Sunshine? Air clarity (below cloud)	Extensive bright sunshine before high level cloud spreads eastward afternoon. Excellent or superb visibility.	Bursts of bright sunshine by mid to late morning; most sun eastern Cairngorms NP. Sometimes excellent visibility, but abruptly appalling in snow.
How Cold? (at 900m)	-4 or -5C; little change with added height.	-3 rising to -1C. Will feel as close to minus 14C where exposed to the wind in morning.
Freezing Level	All terrain frozen all day, though some sun-exposed low slopes may see a light thawing.	Nearly all terrain frozen, albeit freezing level rising erratically toward 600 to 800m.

Planning Outlook**All mountain areas of Britain from Saturday, 14 February, 2026**

Widespread snow and severe upland gales Saturday night followed by very blustery showery conditions on Sunday - although a temporary thaw at least on lower slopes. Otherwise very much drier over the coming week. Bright sunshine and excellent visibility frequently on many mountain areas, although hail and snow showers in some areas with most upland areas frequently frozen.

Forecast issued at 12:55 on Thursday, 12 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.