

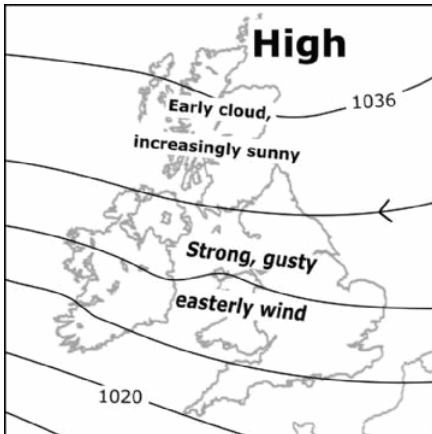
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Tuesday, 21 April, 2026



### British Mountain Summary: Based on forecast chart for noon 21 April, 2026

Brisk easterly winds for all areas will give considerable chill factor across the mountains; very gusty toward the west. A little patchy rain at first, otherwise a generally dry day. Cloud banks over the hill early in the day, particularly in the east, but increasingly breaking up to leave clear hills and sunshine.

### Headline for Cairngorms NP and Monadhliath

Blustery, gusty spots. Cloud breaking, sunshine.

## Detailed Forecast for Tuesday, 21 April, 2026

<b>How windy? (On the Munros)</b>	Easterly 20 to 30mph, gusty in places high tops and downslope west of Cairngorms.
<b>Effect of wind on you?</b>	<b>Marked wind chill in exposure, some blustery spots affecting ease of walking.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Patchy flurries at dawn fade</b> From the early hours through to dawn or just after, snow flurries above 600m, patchy light rain lower slopes, mostly east and southern areas. Soon fading out to leave dry conditions.
<b>Cloud on the hills?</b>	<b>Covering tops for a time, lifting, clearing</b> Cloud banks covers slopes above 700-800m early in the day, locally lower northeast areas for a time; higher tops may be near top of the cloud layer. Tending to lift higher up and increasingly all break up. Low cloud returns to north/eastern areas into night.
<b>Chance of cloud free Munros?</b>	<b>50% at first, rising above 90%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Mostly cloudy start, then patchy cloud with sunshine increasingly breaking through. Visibility very good then excellent.
<b>How Cold? (at 900m)</b>	-1C in morning, rising to 2 or 3C afternoon. Directly in the wind, feeling as cold as -10C in the morning.
<b>Freezing Level</b>	800m early morning, rising to 1200-1300m or just above high tops by later afternoon.

## Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 22 April	Thursday 23 April
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	Easterly 15-20mph, but local gusty spots 25mph, typically strongest south and west of Cairngorm plateau. <b>Fairly small, but locally uncomfortable gusts, not just on higher slopes. Feeling chilly in exposure.</b>	Easterly or variable 10-15mph or less. <b>Small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No precipitation expected</b>	<b>No precipitation expected</b>
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Patches some mid-upper slopes</b>  Some cloud banks early in the day, mostly toward the north and east, patchier westwards; base around 600-700m, whilst tops above 1100m likely poke above the cloud. Tending to disperse.  <b>80%</b>	<b>Little or none</b>  Patchy fog some glens early morning, perhaps local patchy low cloud some eastern hill slopes, fragments may drift briefly upslope, but all dispersing.  <b>Above 90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine and broken cloud around some hills for a time; lower eastern areas may be under cloudier skies for a few hours. Visibility excellent out of cloud.	Mostly sunny, possibly thin high cloud. Visibility excellent.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	0 or 1C rising to 4C afternoon, locally warmer toward Ben Alder. Feeling sub-zero directly in the wind. Around freezing on higher slopes in the morning, also frost in glens at dawn. Rising above freezing to tops.	5C rising to 9C, locally warmer during afternoon.  Frost in glens and some sheltered higher areas at dawn. Otherwise above freezing to the summits.

## Planning Outlook

### All mountain areas of Britain from Wednesday, 22 April, 2026

Staying dry through the remainder of this week and likely into the weekend as high pressure centred to the north stays nearby. Strong and gusty easterly winds tending to lessen later in the week to leave mostly light winds onward into the weekend. Temperatures generally a few degrees above freezing on higher tops, though often some frost in valleys and sheltered higher terrain at dawn. Western areas generally sunniest and warmest, some low cloud banks over eastern hills in the mornings, early fog patches some valleys. Commonly dry weather likely into next week too, chance of local showers occasionally.

### Forecast issued at 16:00 on Monday, 20 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.