

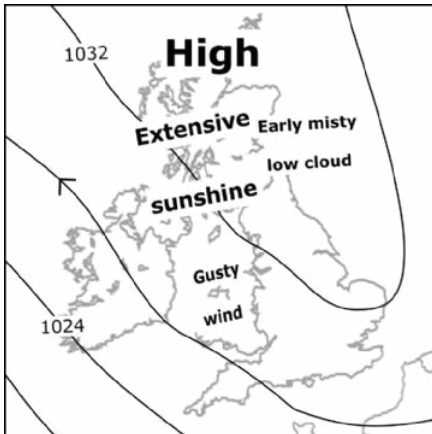
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Thursday, 23 April, 2026



### British Mountain Summary: Based on forecast chart for noon 23 April, 2026

Gusty easterly winds for England, Wales and southern Scotland, but warmer and less windy overall than recent days. Light winds for much of the Highlands. Some early low-level mist, mostly toward eastern Pennines, but the mountains clear with bright sunshine widely; high UV levels, beware sunburn.

### Headline for Cairngorms NP and Monadhliath

Light wind. Sunshine, warming up.

## Detailed Forecast for Thursday, 23 April, 2026

<b>How windy? (On the Munros)</b>	South-southeasterly 10-15mph or less.
<b>Effect of wind on you?</b>	<b>Small.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>No precipitation expected</b>
<b>Cloud on the hills?</b>	<b>None expected</b> Patchy fog some glens early morning, perhaps local patchy low cloud on lowest eastern hill slopes, fragments may drift briefly upslope, but all dispersing.
<b>Chance of cloud free Munros?</b>	<b>Practically certain</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive sunshine. Visibility excellent.
<b>How Cold? (at 900m)</b>	6C rising to 10C, locally warmer during afternoon. (Glens start cooler, then locally approach 20C near Glenmore afternoon).
<b>Freezing Level</b>	Frost in glens and some sheltered higher areas at dawn. Otherwise above freezing to the summits.

## Cairngorms NP and Monadhliath - Looking Ahead

	Friday 24 April	Saturday 25 April
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Variable or northwesterly, 10mph or less.  <b>Negligible.</b>	Variable mostly 10mph or less. May become north-northwesterly 20mph mainly northeastern Cairngorms. <b>Mostly small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain expected</b>	<b>No rain expected</b>
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Some early low mist, otherwise clear</b>  Mist in some glens at dawn, briefly lifts upslope after sunrise, but soon largely dissipates for cloud-free hills.  <b>Practically certain</b>	<b>Mostly little, possible cloud forming</b>  Some low-level mist mainly eastern glens in the morning, possibly an early layer of fog covering low terrain to the east and north. Risk of cloud developing from north with time to cap some high terrain.  <b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mostly sunny, some thin high cloud around. Very good visibility.	Largely sunny, but may cloud over from the north during day. Visibility excellent.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	8C rising to 10 to 12C. (Glens start much cooler, then approach 20C afternoon). Above the summits. At dawn, slight frost in some glens and possibly sheltered elevated hollows.	8 to 10C, but may drop several degrees in northeastern areas, risk below 5C, and feeling sub-zero here if wind strengthens. Above the summits. Patchy frost at dawn inland glens and sheltered higher areas.

## Planning Outlook

### All mountain areas of Britain from Friday, 24 April, 2026

A generally dry spell of weather continues into the weekend and next week, with mostly light winds and pleasantly warm temperatures, reaching 10C+ on many tops. Valleys and some sheltered higher areas will see some frosty dawns but by the afternoons many valleys will warm up toward 20C. Briefly cooler air drifts back into northeastern areas later Saturday. Strong April sunshine widely across the mountains, beware risk of sunburn. Misty starts in some valleys.

### Forecast issued at 16:00 on Wednesday, 22 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.