

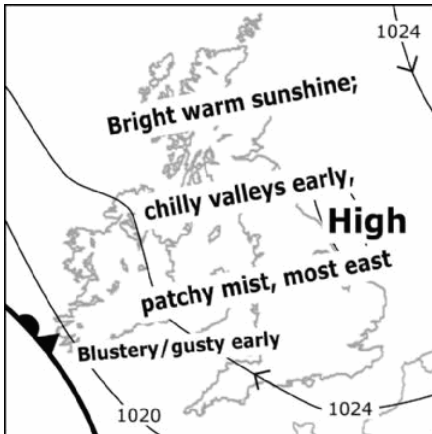
# Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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## General Summary for Friday, 24 April, 2026



### British Mountain Summary:

**Based on forecast chart for noon 24 April, 2026**

Some valley fog/mist at dawn, notably east, local frosts as well. Soon after sunrise, cloud dissipates for widespread strong sunshine and warming temperatures, many valleys approaching 20C, including Scottish Highlands; high UV levels, beware sunburn risk. Negligible wind, though a blustery start in south Wales.

### Headline for Cairngorms NP and Monadhliath

Warm sunshine; chilly glens at dawn, patchy mist

## Detailed Forecast for Friday, 24 April, 2026

<b>How windy? (On the Munros)</b>	Variable 10mph or less, though a trend towards northwesterly at times.
<b>Effect of wind on you?</b>	Negligible.
<b>How wet? (Precipitation and its impact)</b>	<b>No rain expected</b>
<b>Cloud on the hills?</b>	<b>Some early low mist, otherwise clear</b> Mist in some glens at dawn, briefly lifts upslope after sunrise, but soon largely dissipates for cloud-free hills.
<b>Chance of cloud free Munros?</b>	<b>Practically certain</b>
<b>Sunshine? Air clarity (below cloud)</b>	Extensive sunshine. Excellent visibility.
<b>How Cold? (at 900m)</b>	8C rising to 10 to 12C, coolest temperatures northeast Cairngorms. Glens start much cooler, then approach 18 to 20C afternoon.
<b>Freezing Level</b>	Above the summits. At dawn, slight frost in some glens and possibly sheltered elevated hollows.

## Cairngorms NP and Monadhliath - Looking Ahead

	<b>Saturday 25 April</b>	<b>Sunday 26 April</b>
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	Variable mostly 10mph or less. May become north-northwesterly 15mph mainly northeastern Cairngorms. <b>Mostly small.</b>	South-southwesterly, though some variability, 10-15mph. Occasional gustiness. <b>Mostly small, though some local gusty spots, and not just on high terrain.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Any rain unlikely</b>	<b>Likely dry</b> Chance of an odd spot of light rain later in the day, most hills entirely dry.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Cloud forming north and east areas</b>  Some low-level mist mainly eastern glens in the morning, possibly an early layer of fog covering low terrain to the east and north. Cloud developing from north with time to cap some high terrain, most extensive north; staying clear Drumochter/southwest Cairngorms. <b>80%</b>	<b>Early cloud below summits, dissipating</b>  Cloud at various heights in the morning, mostly below 1000m, and most extensive southern Cairngorm slopes/Deeside; only patchy mist north and soon clear. Cloud lifts and gradually dissipates through morning <b>90% (summits above morning cloud)</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely sunny, but clouding over from the north during day. Visibility excellent.	Patchy sunshine, best in the morning but weakened by high cloud. Very good visibility.
<b>How Cold? (at 900m)</b> <b>Freezing Level</b>	8 to 10C, but may drop several degrees in northeastern areas, approaching 2 or 3C; mildest near Drumochter. Above the summits. Patchy frost at dawn inland glens and sheltered higher areas.	3 or 4C, warming to 7C. Always at least a degree warmer on northern Cairngorm slopes. Above the summits. A chance of patchy light frosts in some eastern glens and corries.

**Planning Outlook****All mountain areas of Britain from Saturday, 25 April, 2026**

A generally dry spell of weather continues into the weekend and next week, with mostly light winds and pleasantly warm temperatures, reaching 10C+ on many tops. Valleys and some sheltered higher areas will see some frosty and misty dawns but by the afternoons many valleys will warm up toward 20C. Briefly cooler air drifts back into northeastern areas later on Saturday, with a risk of some patchy nuisance rain here and there Sunday into Monday. Strong April sunshine widely across the mountains, beware risk of sunburn. Some uncertainty about the location of the centre of high pressure, with a risk of strong, gusty winds across England and Wales next week.

**Forecast issued at 15:20 on Thursday, 23 April, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.