

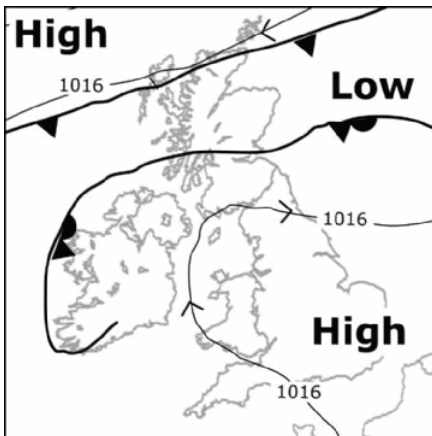
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Saturday, 2 May, 2026



**British Mountain Summary:
Based on forecast chart for noon 2 May, 2026**

Very varied weather across the country: wettest in far northern and later eastern Scotland as cold and blustery weather penetrates southwards. Rain will later set in from south across Wales. Otherwise, areas of low cloud and pockets drizzle lifting to give patchy sunshine.

Headline for Cairngorms NP and Monadhliath
Much colder. Increasingly wet and foggy.

Detailed Forecast for Saturday, 2 May, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>Morning: Direction varied; widely 10mph or less. Through afternoon: North to northeasterly 25 to 30mph, initial Cairngorms and Lochnagar before the stronger winds penetrate across region.</p> <p>Negligible</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Rain on and off, risk heavy bursts</p> <p>Morning: largely dry. Afternoon: Increasingly bursts of rain, in some areas east of the A9 setting in for a couple of hours, and at times heavy, possible thunder.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Generally extensive on higher areas, may clear some higher tops</p> <p>Low cloud may well be widespread from dawn, although the base likely to rise to or above 1050m by late morning. As rain forms, so cloud filling in widely above 600m, and fragments upward from forest canopies (particularly N Cairngorms and Deeside), although most cloud above 600m.</p> <p>60% by late morning; then dropping to 10% from north</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Occasional sunshine before cloud fills in from north. The air very clear, but visibility poor where raining.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>6 to 8C, dropping from north afternoon toward 3C.</p> <p>Above the summits - although close to highest tops Cairngorms by dusk.</p>

Cairngorms NP and Monadhliath - Looking Ahead

	Sunday 3 May	Monday 4 May
How windy? (On the Munros)	Direction varied widely 10mph or less.	Northwesterly 15mph, perhaps 20mph for a few hours.
Effect of wind on you?	Negligible.	Small
How wet? (Precipitation and its impact)	Little or no rain Risk of the odd light shower.	Occasional rain Frequently dry; although scattered showers developing middle of day. These may merge in afternoon to give an hour or two of constant rain in places. Total rainfall probably small.
Cloud on the hills?	May persist higher tops Cloud may be extensive on higher slopes morning, but by midday should be above about 1000m, possibly 1200m.	Covering higher Munros most or all day Cloud base likely to vary, generally rising through the morning to 850 to 1050m, and perhaps occasionally 1200m. However, near rain, expect cloud to be extensive for a couple of hours above 600m.
Chance of cloud free Munros?	50%	30%
Sunshine? Air clarity (below cloud)	Only occasional sunshine. Excellent or superb visibility.	Patches of sunshine, mainly morning. Visibility generally very good. Temporarily poor in rain.
How Cold? (at 900m)	3C, rising to 5 to possibly 7C west of A9.	2C, rising by mid afternoon to 4 to 6C, warmest more southern ranges.
Freezing Level	Just above highest summits. Frost some valleys at first.	Above the summits

Planning Outlook**All mountain areas of Britain from Sunday, 3 May, 2026**

Lower than normal temperatures on the mountains most or all next week, particularly across the Scottish highlands where fresh snow in some areas and freezing level sometimes below 750m. Generally though, although the weather mixed, total rainfall will be fairly small and winds often light (at least until toward the weekend). Cloud will frequently be above mountain summits.

Forecast issued at 14:58 on Friday, 1 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.