

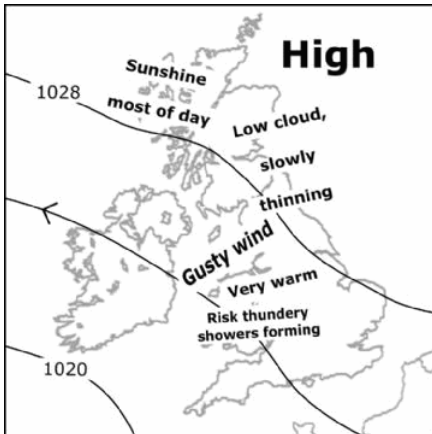
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Wednesday, 27 May, 2026



British Mountain Summary: Based on forecast chart for noon 27 May, 2026

A largely sunny day in NW Scotland, whilst low cloud in central-E Scotland & NE England in the morning will gradually thin and break, but may linger toward the North Sea. Gusty SE'ly winds for England & Wales, but remaining very warm. Localised thundery rain may develop in Wales, mainly south.

Headline for Cairngorms NP and Monadhliath

Early low cloud thinning; warmest west. Light wind.

Detailed Forecast for Wednesday, 27 May, 2026

How windy? (On the Munros)	Varying in direction, or mostly south-southeasterly, 5 to 10mph, local gusts may form 15-20mph during day.
Effect of wind on you?	Mostly negligible
How wet? (Precipitation and its impact)	Largely dry Isolated spots of fine drizzle where in low cloud in morning, mainly southeast.
Cloud on the hills?	Low cloud dispersing during morning; hills then clear. Early patches or banks of low cloud, most toward south & east, local mist into the glens up to mid slopes; some upper slopes clear above. Some patches lift upslope, but will tend to thin and disperse eastward in middle of day.
Chance of cloud free Munros?	50% lifting to 90%
Sunshine? Air clarity (below cloud)	Sunshine at first mainly in west and over some upper slopes, but sun breaking through more widely. Beware high UV and sunburn. Visibility good or very good away from early mist.
How Cold? (at 900m)	8C lifting to 10 to 14C, highest temperature west Cairngorm Plateau over to Monadhliath.
Freezing Level	Well above the summits

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 28 May	Friday 29 May
How windy? (On the Munros) Effect of wind on you?	South or southeasterly 15-25mph, may start less locally, but likely strengthening to gusty 35mph, risk over 40mph in east. Increasingly blustery, affecting ease of walking and balance on exposed terrain.	Southwesterly 30 to 40mph, risk 50mph at times higher Cairngorms. Strenuous walking conditions, frequent buffeting affecting balance over exposed terrain. Considerable wind chill.
How wet? (Precipitation and its impact)	Risk thundery rain late in day Most likely only toward evening, chance of odd bursts of rain forming or moving in from the south, possibly thundery by dusk into night - the risk of rain then becomes greater especially west & southern areas.	Intermittent rain, showers Rain on and off in western areas for a few hours, mainly morning. Scattered showers drifting eastwards through the day.
Cloud on the hills? Chance of cloud free Munros?	Little if any The mountains largely clear all day. Toward dusk onward, some ragged patches may form over tops. 90%	Varied over high tops, breaks east Covering high tops fairly frequently toward western side of Cairngorms above 1000m, some lower patches in rain. Breaks higher up more common eastward. 40%
Sunshine? Air clarity (below cloud)	Sun and thin high cloud, tending to thicken during the day from the south. Visibility good, some haze.	Occasional sun mostly eastern hills. Visibility good below cloud.
How Cold? (at 900m) Freezing Level	10 to 12C, rising to 14 to 16C, warmest north & west Cairngorms NP afternoon. Well above the summits.	7 to 9C, warmest toward east. Wind chill feeling like -5C on high tops. Above the summits.

Planning Outlook**All mountain areas of Britain from Thursday, 28 May, 2026**

Very warm air wafts north across the Highlands by Thursday, but this also brings a risk of scattered thundery showers forming; strong and gusty southerly winds. Gale or near-gale force southwesterlies into Friday for the Highlands, strongest toward the northwest, where accompanied by rain, drizzle and low cloud. The recent heat across England and Wales will ease back to nearer average temperatures into the weekend. From the weekend into next week, southwesterlies will prevail, bringing changeable conditions in from the Atlantic - rain, drizzle and low cloud most common on western coastal mountains, but showery days are likely more widely at times. Temperatures near average, some cooler days.

Forecast issued at 16:00 on Tuesday, 26 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.