

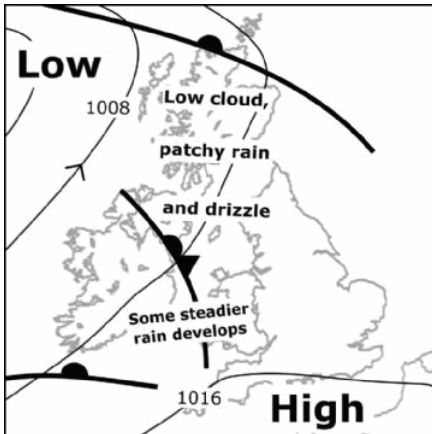
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Tuesday, 16 June, 2026



British Mountain Summary:

Based on forecast chart for noon 16 June, 2026

Damp southerly air will cloak many hills in low cloud, plus drizzle or a little rain. Highest cloud bases and best chance for breaks further northward. Moderate winds, more blustery near west coasts, strengthening for Wales where frequent rain arriving.

Headline for Cairngorms NP and Monadhliath

Increasing breeze. Lowest cloud south, drizzle.

Detailed Forecast for Tuesday, 16 June, 2026

How windy? (On the Munros)	South or southeasterly 10-20mph, trending higher with time, gusts up to 30mph over high Cairngorms afternoon.
Effect of wind on you?	Fairly small for a time, but increasingly blustery, walking becoming impeded in exposure and feeling chilly.
How wet? (Precipitation and its impact)	Drizzle, patchy rain, most early and late Light rain affecting many hills from dawn for a few hours. A drier window develops but some light rain or drizzle continues to drift into southern areas (notably Deeside). By evening, more frequent falls returning from southwest.
Cloud on the hills?	Extensive, local improvement north Terrain above 900m shrouded most or all day, Drumochter to Deeside more persistent to 500-600m. Some rise afternoon, some higher breaks northernmost slopes, but then returning widely extensively into evening.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Largely overcast, a few brighter moments possible north. Poor visibility on high terrain due to fog, better under cloud.
How Cold? (at 900m)	6C rising to 9C, or 10C northern Cairngorm slopes. Feeling just above freezing in direct wind.
Freezing Level	Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 17 June	Thursday 18 June
How windy? (On the Munros) Effect of wind on you?	Southwesterly 20 to 30mph, tending to rise; in places stronger gusts over higher Cairngorms afternoon. Fairly small in places, but some blustery slopes, may make walking more strenuous on exposed high terrain.	South-southwesterly 20 to 30mph, occasional stronger gusts around tops. Risk strengthening into night. Starting to affect comfortable walking over higher exposed tops and ridges.
How wet? (Precipitation and its impact)	Intermittent rain Patchy rain, more frequent rain near Drumochter for periods, some showery rain mixed in. Odd heavier bursts passing northeastward afternoon.	Patchy rain and drizzle Periods of light rain and drizzle most common Ben Alder to Drumochter area. Occasional pulses of rain extending northwards, an odd burst of rain.
Cloud on the hills?	Mostly confined to tops, breaks north Varying on higher slopes mostly above 900-1000m, most extensive around rain, and lower to 700-800m for periods around Glen Garry to Ben Alder. Breaks toward upper slopes areas furthest north and east.	Capping tops, breaks north Most persistent over southern hills, often capping areas near Drumochter above 800-1000m. Higher cloud base northward, some breaks above high tops.
Chance of cloud free Munros?	40%	30%
Sunshine? Air clarity (below cloud)	Fairly cloudy, glimpses of sun, mainly north and eastern areas. Visibility very good, but reduced at times around rain.	Fairly cloudy, brighter northeastward with some sun breaking through. Visibility very good below cloud.
How Cold? (at 900m) Freezing Level	8C rising to 11C out of cloud in afternoon. Feeling near to freezing directly in wind. Above the summits.	8 or 9C, rising to 11C out of cloud mainly north and eastern areas. Feeling near 0C in stronger wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Wednesday, 17 June, 2026**

Humid southwesterly winds continue to prevail later this week, likely reaching gale-force over hills for a period Thursday into Friday, soonest in Wales. Periods of rain, some heavy, mixed with drizzle and low cloud most persistent in the west. More uncertainty of day-to-day detail in the extended range, but in general a variable southwesterly pattern continues; rain and low cloud common in western Scotland into next week. Some warmer days, drier more often England and Wales.

Forecast issued at 16:28 on Monday, 15 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.