

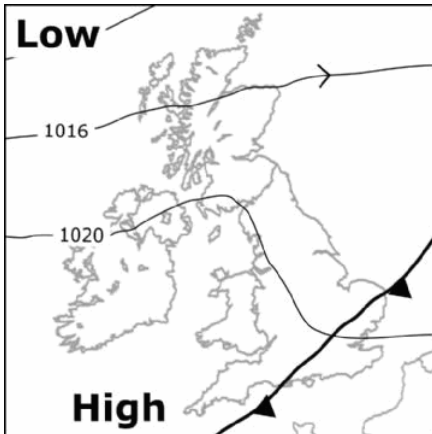
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Saturday, 20 June, 2026



British Mountain Summary:

Based on forecast chart for noon 20 June, 2026

Windy with a few drizzly showers and low cloud N and W Scotland. Elsewhere, fairly light wind (particularly Wales and S Pennines), and extensively dry. Widespread fog will clear most summits - although patches of fog lower slopes near some west coasts.

Headline for Cairngorms NP and Monadhliath

Windy, higher tops. Fog clearing to or above higher tops.

Detailed Forecast for Saturday, 20 June, 2026

How windy? (On the Munros)	Southwesterly 25 to 30mph, but perhaps at times 35mph Cairngorm plateau.
Effect of wind on you?	Will affect comfortable walking and on higher tops balance on exposed tops and ridges. Here marked wind chill.
How wet? (Precipitation and its impact)	Risk isolated drizzly showers Extensively or completely dry. However, risk of the odd brief shower.
Cloud on the hills?	Mountains extensively foggy morning, but clearing to or above the tops Improving markedly as fog widely above 600 to 900m lifts to 1050 to 1200 or 1300m by early or mid afternoon. Generally lowest uses west of the A9.
Chance of cloud free Munros?	10% after dawn, by mid afternoon 80%.
Sunshine? Air clarity (below cloud)	Patchwork of sun by afternoon. Visibility very good or excellent.
How Cold? (at 900m)	6C rising by mid afternoon to 8 to 10C, warmest easternmost summits. Feeling near -2C in the wind on northern tops.
Freezing Level	Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Sunday 21 June	Monday 22 June
How windy? (On the Munros) Effect of wind on you?	Southwesterly 15 to 20mph in morning, possible 25mph at first; dropping to 10mph or less, more variable direction later. Mostly small.	South to southwesterly between 15 and 25mph. Fairly small
How wet? (Precipitation and its impact)	Rain not expected	Risk rain afternoon (Low confidence) Light rain may extend in from west during afternoon; total rainfall small.
Cloud on the hills?	Little if any Brief patches of cloud around some slopes early morning, soon all dispersing, or cloud then forming above the summits.	Very little - may form in rain. Generally the hills free although patches may cap some summits in rain.
Chance of cloud free Munros?	Above 90%	80%
Sunshine? Air clarity (below cloud)	Periods of sunshine weakened at times by areas of high cloud. Visibility excellent or superb.	Patches of sunshine although extensive sometimes thin high level cloud. Excellent visibility.
How Cold? (at 900m) Freezing Level	6C at dawn, rising to 14C afternoon. Above the summits.	10C rising to 13 to 15C. Above the summits

Planning Outlook**All mountain areas of Britain from Sunday, 21 June, 2026**

Extensively dry and very warm indeed England and Wales although around Monday chance of thunderstorms . Rain and low cloud at times Scotland, mainly affecting western mountains - although later next week the warmth further south may penetrate north into or perhaps to all Scotland.

Forecast issued at 14:47 on Friday, 19 June, 2026

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