

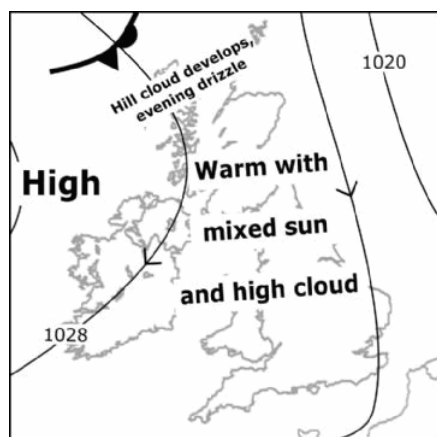
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Sunday, 19 July, 2026



British Mountain Summary:

Based on forecast chart for noon 19 July, 2026

Some patchy mist here and there at dawn, but the hills largely clear with a mix of sun and high cloud across the country. Mostly warm, milder north Scotland where cloud patches graze highest tops. Late in the day, hill cloud arrives into northwest Scotland with light drizzly rain. Fire risk remains high.

Headline for Cairngorms NP and Monadhliath

Glenmore fire continues; breezy early, mixed cloud and sun

Detailed Forecast for Sunday, 19 July, 2026

How windy? (On the Munros)	North-northwesterly 10-15mph, strongest wind in the east, particularly early when sustained speeds reach 20-25mph. Trending more northwesterly with time.
Effect of wind on you?	Fairly small, but walking inconvenienced in early wind to the east.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Soon largely clear At dawn, fog on some sheltered northern slopes, some broader banks higher (high Cairngorms near or above cloud layer), soon breaking and dissipating for clear hills; southern slopes start largely clear. Late afternoon into evening sees the return of banks to high Cairngorms, bases to 1100m north slopes into evening.
Chance of cloud free Munros?	90%
Sunshine? Air clarity (below cloud)	Patchy sunshine, best on southern slopes. Visibility impacted by smoke from Glenmore fires.
How Cold? (at 900m)	6C rising to 10 to 12C, mildest southern Cairngorms/Drumochter where may locally reach 13C.
Freezing Level	Above the summits.

[illegible]

All mountain areas of Britain from Monday, 20 July, 2026

Weather remains settled through next week as high pressure persists west of Ireland. Northwesterly flow keeps temperatures nearer to average for the time of year, dawn temperatures in the middle single digits in Scotland; staying warm in England and Wales but maximum summit temperatures only to the high teens. Cloud and drizzle starts to affect northwest Scotland more often, occasionally drifting further south, chance of an area of patchy rain slipping south through the country on Wednesday, though totals likely small. Despite this, ground remains very dry with high fire risk, with active wildfires limiting access in places. An unsettling trend is indicated next following weekend, bringing wind and rain first to Scotland and increasingly widely. England and Wales may remain quite warm.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.