

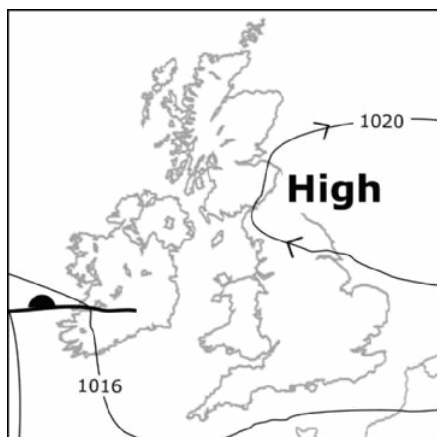
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Sunday, 2 August, 2026



British Mountain Summary:

Based on forecast chart for noon 2 August, 2026

A temporary ridge of high pressure will bring a fine day with light wind almost everywhere. Cloud will be above nearly all summits and the air will be very clear. Nevertheless a few showers at first NW Scotland and later cloud thickening many areas ahead of rain.

Headline for Cairngorms NP and Monadhliath

Wind dropping through morning; intermittent sunshine.

Detailed Forecast for Sunday, 2 August, 2026

How windy? (On the Munros)	Westerly 20, perhaps 25mph after dawn. Will drop toward 10mph, probably by early afternoon.
Effect of wind on you?	Fairly small before becoming mostly negligible.
How wet? (Precipitation and its impact)	Rain very unlikely
Cloud on the hills?	More or less all clearing Patches over a few hours on some higher slopes, but by late morning, very little anywhere.
Chance of cloud free Munros?	40% gradually rising to 90%
Sunshine? Air clarity (below cloud)	Patchwork of sunshine although cloudy at times. Excellent visibility.
How Cold? (at 900m)	6C rising to 13C. Feeling close to or below freezing point directly in wind in morning.
Freezing Level	Above the summits.

All mountain areas of Britain from Monday, 3 August, 2026

Forecast issued at 14:07 on Saturday, 1 August, 2026

Visit us at www.mwis.org.uk