

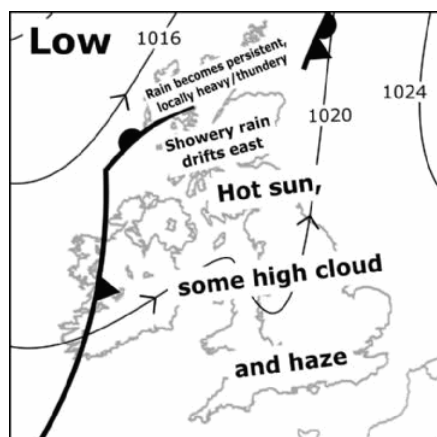
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Thursday, 13 August, 2026



British Mountain Summary:

Based on forecast chart for noon 13 August, 2026

Exceptionally hot in England and Wales, fire risk remains high. Despite haze and high cloud, beware sunburn and dehydration. Warm too in Scotland. Hill cloud and showery rain affects west Scotland from morning, patches spreading east; rain becomes frequent west Scotland later with heavy bursts.

Headline for Cairngorms NP and Monadhliath

Rising chance of rain through afternoon; very warm

Detailed Forecast for Thursday, 13 August, 2026

How windy? (On the Munros)	Southwesterly between 15 and 25mph; some variability both above and below this range, and sometimes some notable gusts over high Cairngorms.
Effect of wind on you?	Mostly fairly small, but occasional stronger wind over high terrain will begin to impact ease of walking.
How wet? (Precipitation and its impact)	Some showers west, risk more widely later Bursts of rain mostly west of A9. Elsewhere, bursts of rain only rarely, but a rising risk of more frequent showers through afternoon, heavy in the west with a rumble of thunder.
Cloud on the hills?	Increasingly forming on high tops Little cloud on the summits in the morning, some banks passing over the high Cairngorms occasionally, with bases lowering towards 900-1000m during rain. As the day goes, summits becoming persistently capped, varied lower bases, particularly west where reaching towards 700m in heaviest rain.
Chance of cloud free Munros?	70%, lowering to 30%
Sunshine? Air clarity (below cloud)	Often sunny with good visibility in the morning; cloud increasingly shrouding the sun, just glimpses in the later afternoon and variable visibility with rain.
How Cold? (at 900m)	15C rising slightly, up to 17C eastern Cairngorms.
Freezing Level	Above the summits.

All mountain areas of Britain from Friday, 14 August, 2026

Mixed conditions early next week with periods of rain and sunny bursts. High pressure remains present to the southwest of the British Isles, maintaining the possibility of drier brighter days; detail remains uncertain regarding risk of more unsettled weather. Temperatures likely nearer average.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.