

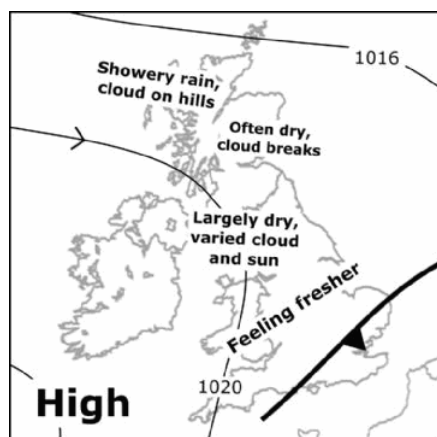
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



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General Summary for Saturday, 15 August, 2026



British Mountain Summary:

Based on forecast chart for noon 15 August, 2026

A fresh-to-strong westerly breeze across Scotland brings showery rain frequently to the northwest, cloud covering many western hills; fewer showers and higher cloud bases eastward. Moderate northwesterly breezes for England & Wales, cooler than recent days, early showers mostly fade with cloud lifting.

Headline for Cairngorms NP and Monadhliath

Breezy, cool on tops. A few showers mostly west; cloud breaks.

Detailed Forecast for Saturday, 15 August, 2026

How windy? (On the Munros)	Westerly 25-30mph in morning with notable strong gusts early morning toward 40mph higher areas. Slightly lowering speeds during day to 20mph during afternoon, slightly less by evening.
Effect of wind on you?	Blustery, strong gusts in the morning will affect stability, trending toward smaller effects. Feeling rather chilly in exposure on high terrain.
How wet? (Precipitation and its impact)	A little rain and showers mostly west Patchy rain drifts onto the hills from the northwest, generally light with dry windows. Some more frequent showers near and west of the A9 in afternoon. Largely dry morning south/eastern Cairngorms, then a few brief showers.
Cloud on the hills?	Mostly high tops, breaks best east Varied banks from dawn lift, to banks over the Cairngorm plateau with breaks off the summits, more often clear in east. Caps graze the tops where rain arrives, and sometimes filling in over high terrain above 1000m toward west.
Chance of cloud free Munros?	50% west, to 80% east.
Sunshine? Air clarity (below cloud)	Patchy sunshine, trending towards cloudier conditions from the west. Excellent visibility.
How Cold? (at 900m)	7C, rising slightly, up to 9C eastern hills. Feeling near or below freezing in the wind, coldest in the morning.
Freezing Level	Above the summits.

All mountain areas of Britain from Sunday, 16 August, 2026

Westerly weather patterns prevail into the new week bringing generally unsettled and cooler conditions - single-figure temperatures typical on the Munros and high tops elsewhere. On Monday, extensive rain spreads across Scotland, heaviest in the west. Winds strengthen, risk reaching gale force on many hills later on Monday, staying blustery widely into midweek. Rain extends south over England and Wales by Monday night into early Tuesday. The rest of the week likely sees showery rain common for all areas as low pressure dominates toward the north, the rain most persistent in western Scotland, but odd heavier bursts passing eastward, with a chance of thunder, especially later in week.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.