

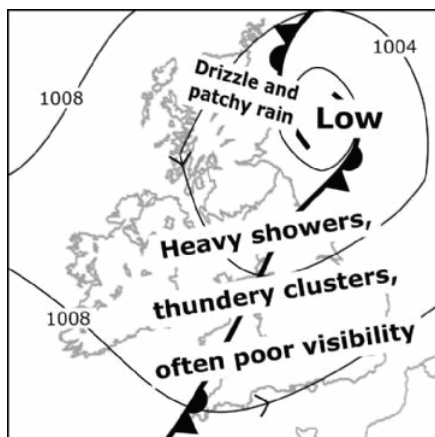
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Friday, 28 August, 2026



British Mountain Summary:

Based on forecast chart for noon 28 August, 2026

Frequent rain for England and Wales well into the day, clustering into heavy falls and local thunderstorms; poor visibility on many tops and some fast flowing streams. Easing to lighter showers later. Rain and drizzle over north and notably east Scotland, best of clear hills west highlands. Widely warm and humid.

Headline for Cairngorms NP and Monadhliath

Persistent drizzle, very low cloud north Cairngorms

Detailed Forecast for Friday, 28 August, 2026

How windy? (On the Munros)	Northeasterly shifting northwesterly, 10-15mph, strengthening slightly, more notably east where strongest gusts later will reach 35mph.
Effect of wind on you?	Mostly small, but becoming quite blustery over high eastern terrain with some buffeting gusts.
How wet? (Precipitation and its impact)	Persistent drizzle, patchy rain Drizzle rarely ceases, particularly northern Cairngorms, with some patches of more steady rain drifting from the north at times. A few patches may bring some heavier bursts, these mostly in the east.
Cloud on the hills?	Extensive Hills shrouded from at least middle slopes upward most of the day, persistent to low slopes northern Cairngorms where forming into glens/corries in rain. Slight rise, highest towards Braemar, but unlikely much above 800m.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Overcast and dull. Poor visibility.
How Cold? (at 900m)	10 to 12C.
Freezing Level	Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 29 August	Sunday 30 August
How windy? (On the Munros)	Generally northwesterly but variable, 10-15mph and sometimes less.	Generally southerly, 5 to 15mph, though variable in both speed and direction.
Effect of wind on you?	Small.	Small.
How wet? (Precipitation and its impact)	Drizzly, some spotty showers Drizzly on high tops through morning at least, damp onto lower northern Cairngorms to start as well. Drizzle will fade, spotty showery breaking out later.	Patchy rain, heavier falls forming Patchy rain here and there much of the day, generally local in nature, with early drizzle on high terrain. Heavier falls will form as well, more widely later.
Cloud on the hills?	Fairly extensive, some improvements Cloud shrouds most terrain above 500-600m early, lowest bases north where into glens/corries briefly. A lifting trend, may break up somewhat, though breaks above 1100m unlikely, and locally filling in again later.	Lifting to high terrain for a time High terrain starts in fog, varied banks to lower terrain, locally into glens and corries where rain falls. Cloud will lift, isolating to higher slopes for a time, though any high summits breaks fleeting, and then returning more extensively late in the day.
Chance of cloud free Munros?	30%	30%
Sunshine? Air clarity (below cloud)	Rare glimpses of weak sun. Mostly poor visibility on high tops; will locally improve where cloud lifts.	A patchwork of sun, very good visibility where out of fog, but trending overcast with visibility increasingly poor later.
How Cold? (at 900m)	9C, rising a degree, locally to 11C Deeside.	9 or 10C, rising slightly, locally to 12C.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 29 August, 2026

A generally damp weekend ahead, particularly in England and Wales: several bands of rain will pass west-to-east, cloud often shrouding hills, particularly west where only slightly improving away from the main areas of rain. Some stronger wind will affect Wales at times, notably south. Less rain over Scotland, though a little drizzly rain here and there will become local showery bursts through afternoon; variable cloud, tending to lift during the day but returning where rain forms. Also minimal wind in Scotland, mild temperatures.

Westerly flow is expected next week, drawing cloud and showers into western areas, particularly in Scotland, with periods of strong wind and broader areas of rain more widely across the country. Best of bright breaks to the east.

Forecast issued at 16:26 on Thursday, 27 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.