

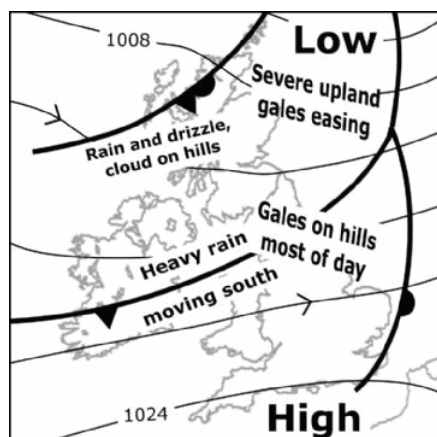
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Saturday, 12 September, 2026



British Mountain Summary:

Based on forecast chart for noon 12 September, 2026

Severe gales from dawn on Scottish mountains ease during morning, moderate speeds by mid-afternoon, whilst gales continue on tops in England & Wales until later. An intense band of rain moves south, followed by still frequent rain, some showery bursts plus low cloud western hills. Drier later north Scotland.

Headline for Cairngorms NP and Monadhliath

Gales in morning lessening. Patchy rain, cloud breaks northeast.

Detailed Forecast for Saturday, 12 September, 2026

How windy? (On the Munros)	Southwesterly 60 to 80mph early morning with peak speeds around dawn, lessening gradually during morning, to 30-40mph into early afternoon, shifting westerly 20-30mph mid-afternoon to evening.
Effect of wind on you?	Very difficult conditions with powerful gusts to low levels for several hours, moderating into middle of day, but still challenging in exposure with considerable wind chill; smaller effects onward through afternoon.
How wet? (Precipitation and its impact)	Early rain, then patchier and drizzly; showery rain for a time afternoon Rain fairly widely from before dawn, heavier falls toward Drumochter but soon fading to be patchy light rain and drizzle, tending to fade out for periods north and east areas. A band of showery rain moves southward during afternoon, then drier for all into evening.
Cloud on the hills?	Extensive higher areas Shrouding most high terrain all day, lowest bases to mid-slopes in rain around south and southwest Cairngorms NP. Bases rise and some high breaks form in north and eastern Cairngorms with time.
Chance of cloud free Munros?	30%, rising to 50% northeast.
Sunshine? Air clarity (below cloud)	Overcast, some brighter skies develop, occasional sun north/east, mainly later. Visibility reducing in rain, locally poor, then improving to be good if dry.
How Cold? (at 900m)	7C, up to 10C for a time mainly east, slightly cooling toward evening. Feeling like -5 to -8C directly in wind in morning.
Freezing Level	Above the summits.

All mountain areas of Britain from Sunday, 13 September, 2026

Forecast issued at 16:29 on Friday, 11 September, 2026

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