

Cairngorms NP and Monadhliath

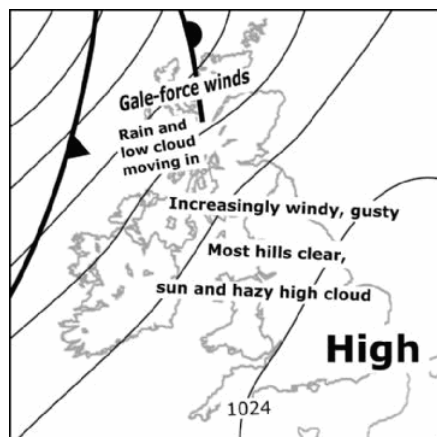
Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.



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General Summary for Thursday, 24 September, 2026



British Mountain Summary:

Based on forecast chart for noon 24 September, 2026

Southerly gales develop widely over Scottish mountains, becoming severe northwest coastal tops. A little rain moves northeast, then more persistent rain sets in for western mountains, turning heavier. Wind strengthens too for England & Wales, generally dry and hills clear, sun giving way to a veil of upper cloud.

Headline for Cairngorms NP and Monadhliath

Gales develop; cloud forms on some tops, rain mostly later.

Detailed Forecast for Thursday, 24 September, 2026

How windy? (On the Munros)	Southerly 20-30mph from dawn but strengthening, to sustained 40-50mph by middle of day, reaching 60mph over high Cairngorms, powerful gusts over tops and downslope around northern corries.
Effect of wind on you?	Walking increasingly challenging, becoming difficult around high summits, gusts necessitate great effort to remain upright. Feeling chilly despite mild temperature.
How wet? (Precipitation and its impact)	Little until late; rain into evening A little patchy rain around the midday hours, but otherwise dry. Later, patchy rain approaches Drumochter and Monadhliath, spreading widely from dusk onward, some steadier falls for a time, though small amounts north/east.
Cloud on the hills?	Little until later Occasional cloud banks on high southern slopes, rolling over tops, but more often clear well into the day. Cloud will begin to more extensively shroud tops through afternoon, progressively lowering on southern slopes; north Cairngorms stay clear until later in day.
Chance of cloud free Munros?	70%, lowering to 30% later
Sunshine? Air clarity (below cloud)	Patchy sun through high cloud, tending to cloud over as afternoon goes. Very good visibility.
How Cold? (at 900m)	6C rising to 9C, or 10C north Cairngorms afternoon, tending to lower into night. Feeling like -1 to -3C in direct wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Friday, 25 September, 2026

South to southwesterly winds prevail onward into the weekend and next week. Some rain drifting in from the Atlantic, a mix of drizzle, some showery falls, and locally steadier rain at times over western mountains. Cloud often shrouding hills, best of breaks toward east and north. Generally mild air, but prepare for marked chill factor on tops due to often strong winds, gales for periods over high terrain, most sustained in Scotland. Into mid-next week, risk of a more widespread gale, or severe gale over higher mountains. Higher pressure then tends to expand further over the country into the start of October for drier and quite warm weather.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.