

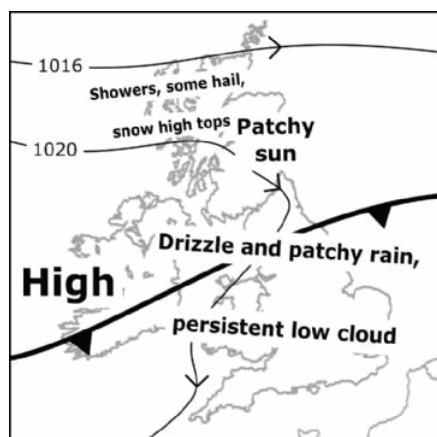
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



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General Summary for Tuesday, 6 October, 2026



British Mountain Summary:

Based on forecast chart for noon 6 October, 2026

Chilly in Scotland, blustery showers northwest with hail, snow on summits. Showers well-scattered elsewhere, regular sun breaks. Patchy rain, drizzle, and low cloud affect England and Wales most of the day; some areas of east Wales see windows of cloud breaks and good visibility.

Headline for Cairngorms NP and Monadhliath

Chilly, some showers west with snow on high terrain

Detailed Forecast for Tuesday, 6 October, 2026

How windy? (On the Munros)	Westerly 15-20mph, or stronger just at dawn, but trending lighter, sometimes less than 15mph.
Effect of wind on you?	Fairly small, but feeling chilly on the summits in early wind.
How wet? (Precipitation and its impact)	A few showers with hail west, snow on high terrain Occasional brief hail and showers, falling as snow on high terrain, mainly afternoon near and west of A9. Little or none reaching further east until evening/night. A dusting of snow lying above 1100m.
Cloud on the hills?	Banks over high slopes, occasionally lowering west Cloud base largely above 900m by late morning, well broken above 1100m east and likely clearing summits at times. Where showers occur, shafts of cloud lower towards 700-800m, clearing up again.
Chance of cloud free Munros?	50%
Sunshine? Air clarity (below cloud)	Patches of sunshine, most sun east Cairngorms NP. Mostly very good visibility, but temporarily poor where showers occur, or very poor in snow on high terrain.
How Cold? (at 900m)	4 or 5C, but will feel as cold as minus 5C in the wind.
Freezing Level	Just above highest summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 7 October	Thursday 8 October
How windy? (On the Munros) Effect of wind on you?	West veering northwesterly in the range 15 to 25mph - particularly gusty near precipitation. Often fairly small, but ease of walking and balance sometimes difficult near showers. Considerable wind chill.	Northwesterly 25mph, gradually shifting southwesterly, 10-15mph. Significantly restrengthening evening. Mostly small.
How wet? (Precipitation and its impact)	Hail and snow; extending east Sudden hail and snow showers, sometimes frequent near and west of A9. Showers extend further eastward afternoon. Covering or dusting of snow above around 800m.	Substantially dry until later A few odd showers on northern slopes in the early morning, soon dry. Rain arrives from the west as afternoon goes, quickly becoming more frequent, persistent falls with heavy moments into evening/night.
Cloud on the hills? Chance of cloud free Munros?	Fairly extensive higher areas, more often lower afternoon Cloud base sometimes above 1050 to 1200m morning, but as showers come in, patches of cloud to around 600m, temporary lower west of A9, and 800m elsewhere. 50% lowering to 20%	Early cloud clears Cloud banks substantially cover slopes above 1000m from dawn, dropping as low as 700-800m on north slopes during early showers. Bases will lift and increasingly break up for often clear summits. Cloud returns evening, filling in overnight. Rising to 80%
Sunshine? Air clarity (below cloud)	Often sunny, fair weather cloud building afternoon for more patchy sun. Visibility sometimes very poor, but otherwise good, although a haze.	Bright sun to start, high cloud gradually builds from the west, increasingly thickening. Very good visibility.
How Cold? (at 900m) Freezing Level	1C; will feel as cold as minus 8C directly in wind. Just touching the high Cairngorms, but also frosts in sheltered glens and corries.	1C rising to 3C, rising sharply for a few overnight hours towards 8C or higher. 1100-1200m, frosts in sheltered glens. Gradually lifting to rise above the high tops.

Planning Outlook

All mountain areas of Britain from Wednesday, 7 October, 2026

A brief colder period with the wind easing on Wednesday and Thursday with bright sun breaking out - some snow showers will affect high terrain in Scotland, some hail mixed in as well. Westerly wind returns as Thursday goes, bringing bands of rain, low cloud and strong upland winds across Britain. Saturday remains blustery and showery but with bright breaks forming, and then Sunday sees a more settled day as a small area of high pressure builds in from the south. The following week looked mixed with bands of rain coming and going, punctuated by regions of high pressure, but typically on the cloudy side. Generally mild temperatures.

Forecast issued at 15:41 on Monday, 5 October, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.