

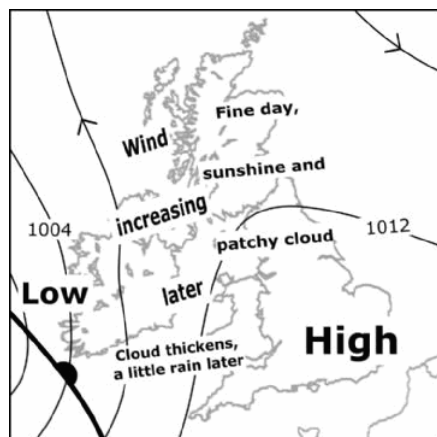
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Sunday, 11 October, 2026



British Mountain Summary:

Based on forecast chart for noon 11 October, 2026

A fine day overall with light winds, sunshine and just patchy cloud around some mountain slopes. Isolated brief showers around coastal fringes at first will fade. Southerly winds tend to strengthen later in the day in western areas. Some patchy rain reaches southwest Wales.

Headline for Cairngorms NP and Monadhliath

Largely dry, a lull in wind, plenty of sun.

Detailed Forecast for Sunday, 11 October, 2026

How windy? (On the Munros) Effect of wind on you?	Northwesterly 20-25mph around dawn, but soon easing in morning to 10-15mph, or less by middle of day into afternoon. Turning southerly afternoon, later starting to rise, to 20-30mph into evening, up to 40mph into night. Mostly small though feeling chilly at first on tops. Worsening conditions into night.
How wet? (Precipitation and its impact)	Rare early light showers fade Isolated brief showers in morning, mostly northern areas, of snow above 900m. Then dry until well into night, patchy rain may nudge in from southwest late in night.
Cloud on the hills? Chance of cloud free Munros?	Clearing most tops Patchy cloud around higher slopes mostly above 900m by mid morning, lifting and dispersing more with time to leave most mountains free of cloud in afternoon. 80%
Sunshine? Air clarity (below cloud)	Mostly sunny start, a little patchy cloud forming. Visibility excellent; early mist some glens.
How Cold? (at 900m) Freezing Level	2C rising to 4 or 5C afternoon; little change from dusk, then rising slightly into night. Feeling like -5C if exposed to stronger breeze early morning, again from dusk. Slight frost in glens at dawn. Around 1100-1200m in morning, rising higher, above all tops mid-afternoon onward.

All mountain areas of Britain from Monday, 12 October, 2026

Damp and mild southwesterly air moves across the country into Monday, winds strengthen again later to widely gale-force over the hills, heavier rain sweeps eastward overnight and into early Tuesday, followed by showers and a drop of temperature. Very unsettled west-southwesterlies continue into midweek - sustained mountain gales, possibly stormy at times and spells of heavy rain for all areas. A changeable westerly theme likely continues beyond mid-month - occasional windows of drier weather, but more often windy with rain or showers coming in from the Atlantic, sometimes cold enough to fall as snow on Scottish high tops.

Forecast issued at 8:05 on Sunday, 11 October, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.