

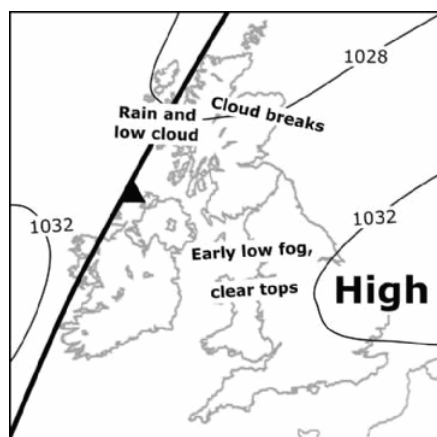
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Saturday, 31 October, 2026



British Mountain Summary:

Based on forecast chart for noon 31 October, 2026

Rain and low cloud affects the northwestern Highlands much of the day, plus blustery winds on some high terrain. Drier further inland/east in Scotland, best cloud breaks N/E of Cairngorms. England and Wales dry with light winds; morning fog on low ground, but the hills sunny above an inversion.

Headline for Cairngorms NP and Monadhliath

Breezy on tops, lowest cloud south, some drizzle; better N/E areas.

Detailed Forecast for Saturday, 31 October, 2026

How windy? (On the Munros)	South to southwesterly 20 to 25mph, occasional gusts 30mph higher areas.
Effect of wind on you?	Fairly small, but starting to affect comfortable walking on some higher slopes at times.
How wet? (Precipitation and its impact)	Largely dry; a little rain mainly later west Much of the region dry all day, though pockets of drizzle later toward west, where becoming some steadier rain from dusk into evening, some patchy light rain then extending eastward after dark.
Cloud on the hills?	Mostly near Drumochter, better north/east Cloud banks above 700-900m from Ben Alder east to summits north of Glen Garry, may lower further in rain toward dusk. Further north, higher cloud base, often 900 to 1050m, breaks to tops best toward north and east of Cairngorms.
Chance of cloud free Munros?	30% southwest to 70% furthest north/east.
Sunshine? Air clarity (below cloud)	Sunshine breaking through best toward north and east, cloudier near Drumochter. Some haze south, very good visibility north and east.
How Cold? (at 900m)	8C. Feeling like 0C if in stronger wind.
Freezing Level	Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Sunday 1 November	Monday 2 November
How windy? (On the Munros)	North to northwesterly 10 to 15mph, occasional 20mph over high Cairngorm, mainly more eastern areas.	Northerly 15 to 25mph, strongest higher Cairngorms to Deeside.
Effect of wind on you?	Mostly small.	Fairly small, but more noticeable and feeling chilly on higher slopes in east.
How wet? (Precipitation and its impact)	Largely dry An odd light spot of rain may drift over more northern areas.	Rain unlikely Possible fine drizzle some northern areas.
Cloud on the hills?	Low-level fog, some patchy cloud Fog in glens and some lower hill slopes early in day, patchy cloud may drift upslope locally, but mostly dispersing to just local patches around some slopes.	Mostly northern hills Cloud banks most likely toward upper slopes of northern Cairngorms, though higher summits may poke out above cloud. Some patchy fog in glens. Cloud more broken southwards.
Chance of cloud free Munros?	70%	50%
Sunshine? Air clarity (below cloud)	Sunshine and patchy cloud. Visibility very good, some early fog in glens.	Occasional sun mostly southern areas. Visibility very good out of cloud.
How Cold? (at 900m)	1 or 2C, small variation with height from glens up early morning, or all day above about 700m.	1 to 3C, little change higher up on Munros. Feeling like -5C in stronger wind.
Freezing Level	Some higher slopes close to freezing, plus patchy frost in some glens early morning.	Above the summits, but patchy frost in glens at first, also some sheltered higher slopes and corries.

Planning Outlook

All mountain areas of Britain from Sunday, 1 November, 2026

High pressure centred over Scotland will persist during early November bringing settled conditions. Generally dry weather, but some areas of misty dampness and regular fog on low ground, some cloud banks on hills but also inversion conditions on high tops, particularly Scotland. Overnight frost in glens will be common, plus some frost pockets for sheltered high terrain, whilst many summits will stay often just above freezing point. Light winds for several days into next week for Scotland, but stronger easterlies are likely for England and particularly Wales which would push cloud banks higher up here during the week ahead.

Forecast issued at 16:00 on Friday, 30 October, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.