

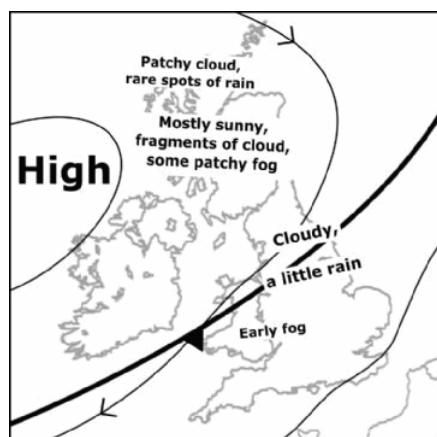
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Erich and Loch Laggan.



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General Summary for Sunday, 1 November, 2026



British Mountain Summary:

Based on forecast chart for noon 1 November, 2026

A fine day for the Highlands, with sunshine and just patchy cloud around some tops. One or two light showers in northern areas. A weakening front drifts south over England & Wales giving cloudy skies and a little rain for a time, mainly more eastern hills. Light-moderate winds overall, but feeling chilly.

Headline for Cairngorms NP and Monadhliath

Generally dry, sunshine and patchy cloud; fairly light wind.

Detailed Forecast for Sunday, 1 November, 2026

How windy? (On the Munros)	North to northwesterly 15mph, occasional 20mph over high Cairngorms, local gusts 25mph mainly more eastern areas.
Effect of wind on you?	Mostly small, but feeling chilly in exposure on high terrain.
How wet? (Precipitation and its impact)	Largely dry An odd brief light shower may drift over more northern areas.
Cloud on the hills?	Varied patchy fog and cloud, but often clear for many hills Local fog in glens from dawn, clearing. Patchy cloud around some mid and upper slopes mainly in northern areas. Tops above 1100-1200m may poke above the patches. Many hills frequently clear.
Chance of cloud free Munros?	70%
Sunshine? Air clarity (below cloud)	Sunshine and patchy cloud. Visibility very good.
How Cold? (at 900m)	1 or 2C, small variation with height from glens up early morning, or all day above about 700m.
Freezing Level	Close to freezing all day on higher Cairngorm plateau, plus patchy frost in some glens early morning.

Cairngorms NP and Monadhliath - Looking Ahead

	Monday 2 November	Tuesday 3 November
How windy? (On the Munros)	Northerly 15 to 25mph, strongest higher Cairngorms to Deeside.	Easterly 10 to 15mph or less.
Effect of wind on you?	Fairly small, but more noticeable and feeling chilly on higher slopes in east.	Small.
How wet? (Precipitation and its impact)	Rain unlikely Possible fine drizzle some northern areas.	Rain unlikely Chance of a little drizzle around Deeside.
Cloud on the hills?	Mostly northern hills Cloud banks most likely toward upper slopes of northern Cairngorms, though higher summits may poke out above cloud. Some patchy fog in glens. Cloud more broken southwards.	Fairly extensive, high tops may be clear Cloud banks rolling across high terrain, the base mostly above 700-800m, whilst the top of the cloud close to higher summits which may emerge above at times. Breaks more often toward Ben Alder.
Chance of cloud free Munros?	50%	30% (some tops above cloud)
Sunshine? Air clarity (below cloud)	Occasional sun mostly southern areas. Visibility very good out of cloud.	Occasional sun mostly Strathspey to Drumochter. Visibility very good out of cloud.
How Cold? (at 900m)	1 to 3C, little change higher up on Munros. Feeling like -5C in stronger wind.	4 or 5C, little change with added height.
Freezing Level	Above the summits, but patchy frost in glens at first, also some sheltered higher slopes and corries.	Above the summits, but pockets of frost both higher and lower slopes at dawn.

Planning Outlook

All mountain areas of Britain from Monday, 2 November, 2026

A settled start to November as high pressure resides toward the north. Largely dry weather throughout the week ahead. Variable cloud will be drawn in from the North Sea on easterly winds, at times some light showers mainly for Pennine areas. Best chance for inversion conditions will be on higher tops in Scotland, emerging above cloud at times. Sunshine typically best toward western coasts. Temperatures mostly above freezing on high terrain, but some frost overnight in glens and some upland hollows. Quiet weather may continue into next weekend, then a trend toward more unsettled conditions into mid-month, possibly colder patterns too.

Forecast issued at 16:00 on Saturday, 31 October, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.