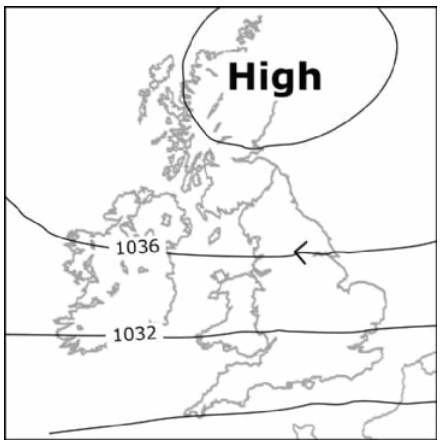
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Wednesday, 4 November, 2026



British Mountain Summary:
Based on forecast chart for noon 4 November, 2026

High pressure will remain centred near N Scotland. Areas of cloud, and here and there (mainly N England) a little rain will circulate around the high - sometimes the top of the cloud below higher summits in Scotland. Gusty winds Wales, progressively light wind north into Scotland.

Headline for Cairngorms NP and Monadhliath

Little wind; increasingly sunny

Detailed Forecast for Wednesday, 4 November, 2026

How windy? (On the Munros)	Easterly 10mph or less.
Effect of wind on you?	**Negligible.**
How wet? (Precipitation and its impact)	**Rain not expected**
Cloud on the hills?	**Probably extensively shrouding higher mountains morning, tending to clear.** Patches, or in some areas extensive cloud morning, persistent on many higher slopes (above 700m) and here and there pockets of fog lower slopes. Most or perhaps all will gradually clear through the day.
Chance of cloud free Munros?	**20% rising to 70% by mid afternoon**
Sunshine? Air clarity (below cloud)	Bright sunshine some areas all day, in others increasingly sunny as cloud clears. Patches of fog increasingly clearing, otherwise superb visibility.
How Cold? (at 900m)	2 or 3C.
Freezing Level	Above the summits.

Cairngorms NP and Monadhliath - Looking Ahead

	Thursday 5 November	Friday 6 November
How windy? (On the Munros)	East to southeasterly 15 to 20mph, perhaps occasional 25mph mainly south Cairngorms.	Direction varied but mainly easterly, 10mph or less.
Effect of wind on you?	**Fairly small.**	**Negligible**
How wet? (Precipitation and its impact)	**Rain unlikely most places** Chance of odd spots in the wind around cloud banks mainly hills toward Deeside.	**Little or no rain.** Most possibly all areas dry. But damp weather with pockets of very light rain may come and go southern hills in Cairngorms NP.
Cloud on the hills?	**Fairly extensive, some high tops clear** Cloud banks most extensive and persistent eastern hills, base around 800m, whilst highest tops probably above top of the cloud. More broken westwards, better chance of clear hills over Monadhliath.	**Extensive, particularly more eastern hills** Confidence low. Broadly, cloud base typically 700-900m with the top 1100m or above. But particularly in rain, pockets of or extensive cloud lower slopes, particularly eastern hills where base 300-450m.
Chance of cloud free Munros?	**40%**	**30% (in places with fog below)**
Sunshine? Air clarity (below cloud)	Cloud may be well be extensive, although could break up particularly near and west of A9. Visibility excellent.	Overall extensive or particularly east of A9 persistently cloudy or dull. The air generally very clear, though misty in rain
How Cold? (at 900m)	2C.	2C
Freezing Level	Close to freezing point on higher tops; patchy frost early in day in sheltered spots both higher and lower slopes.	Above the summits - frost some valleys overnight and perhaps ground frozen higher tops.

Planning Outlook

All mountain areas of Britain from Thursday, 5 November, 2026

High pressure will be the main influence through the next week, particularly in Scotland where extensively dry and wind often light. Over England and Wales, the weekend may be 'disappointing' as after a little rain, low cloud and mist may well predominate under light wind. Nevertheless some mountains may clear.

Forecast issued at 12:20 on Tuesday, 3 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.