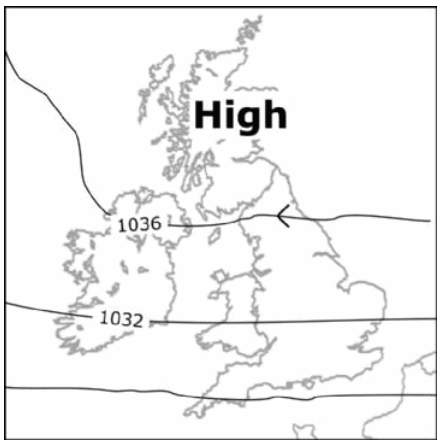
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

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General Summary for Thursday, 5 November, 2026



British Mountain Summary:
Based on forecast chart for noon 5 November, 2026

Extensive fog due to low cloud and patches of drizzle, but dry most western mountains where cloud base highest. Little wind N Scotland, but from near the central belt of Scotland southwards, blustery higher slopes, and in places very gusty west of major ridges.

Headline for Cairngorms NP and Monadhliath

Fog and a little drizzle.

Detailed Forecast for Thursday, 5 November, 2026

How windy? (On the Munros)	Easterly 20mph.
Effect of wind on you?	**Small.**
How wet? (Precipitation and its impact)	**Little or no rain** A few patches of drizzle Deeside; isolated if any elsewhere.
Cloud on the hills?	**Very extensive; higher summits probably above the cloud** Persistent fog above around 600m, perhaps 800m west of A9but patches at 300m, perhaps widely near and east of Braemar. Areas above 1050-1200m probably above the cloud.
Chance of cloud free Munros?	**30% - but fog many lower slopes**
Sunshine? Air clarity (below cloud)	Extensively cloudy or dull but visibility mostly excellent.
How Cold? (at 900m)	2C.
Freezing Level	Above the summits, but in places ground frozen on highest tops.

Cairngorms NP and Monadhliath - Looking Ahead

	Friday 6 November	Saturday 7 November
How windy? (On the Munros)	Direction varied but mainly easterly, 10mph or less.	Direction varied, 10mph or less.
Effect of wind on you?	**Negligible**	**Negligible**
How wet? (Precipitation and its impact)	**Little or no rain.** Many areas dry, particularly Monadhliath, But damp weather with pockets of mostly light rain will come and go mostly on southern hills in Cairngorms NP.	**Isolated, if any drizzle** Risk fine drizzle most likely near and east of Braemar.
Cloud on the hills?	**Extensive, particularly more eastern hills** Confidence low. Broadly, cloud base typically 700-900m with the top 1100m or above. But particularly in rain, pockets of or extensive cloud lower slopes, particularly near and east of Braemar where base 300-450m.	**Extensive fog probable, higher areas above the cloud.** Confidence in detail low: Extensive slowly drifting low cloud will affect much of region between 200-400m and around 700 to 900m - higher areas above cloud.
Chance of cloud free Munros?	**30% (in places with fog lower slopes)**	**40% - fog many lower slopes.**
Sunshine? Air clarity (below cloud)	Overall extensive or particularly east of A9 persistently cloudy or dull. The air generally very clear, though misty in rain	Mostly cloudy but excellent visibility. Probably bright sunshine higher areas.
How Cold? (at 900m)	2C	2C
Freezing Level	Above the summits - frost some valleys overnight and perhaps ground frozen higher tops.	Above the summits - but some particularly higher terrain frozen after a frost.

Planning Outlook

All mountain areas of Britain from Friday, 6 November, 2026

High pressure will continue to be the main influence through the next week, particularly W & NW Highlands where extensively dry and wind often light. However, generally fog and low cloud may well never clear most mountains under the light wind. There will also be patches of drizzly rain, although total rainfall small.

Forecast issued at 12:15 on Wednesday, 4 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.