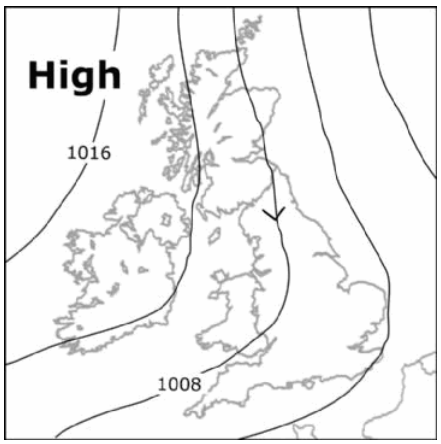
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

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General Summary for Thursday, 12 November, 2026



British Mountain Summary:
Based on forecast chart for noon 12 November, 2026

Low freezing level in briefly very cold northerly wind: widely gale force Scottish Highlands. A little less windy south into N England and Wales. Hail and snow showers northern and coastal NW Highlands, a few flurries elsewhere, albeit much of upland Britain fine and sunny.

Headline for Cairngorms NP and Monadhliath

Upland gales only slowly easing. Snow and hail showers, mainly east.

Detailed Forecast for Thursday, 12 November, 2026

How windy? (On the Munros)	Northerly 40 to 55mph post dawn easing slowly through daylight to 30 to 45mph, strongest winds in ranges will be Cairngorm plateau east to Deeside.
Effect of wind on you?	**Arduous walking over higher terrain, frequent buffeting, in places more difficult high Cairngorms. Severe wind chill.**
How wet? (Precipitation and its impact)	**Snow and hail showers north** Occasional snow and hail showers, most frequent Cairngorms eastwards to Deeside. West of A9 and on southern mountains in Cairngorms NP, just a few flurries.
Cloud on the hills?	**Varying over higher Cairngorms** Banks of cloud drifting across high terrain, mostly above 900m, briefly lower in north in showers, but breaking toward 1100m or above frequently too. Well broken southward, often clearing tops.
Chance of cloud free Munros?	**10% Cairngorm plateau to 70% west of A9 and southern tops in Cairngorms NP**
Sunshine? Air clarity (below cloud)	Sunshine mostly southern areas, but breaking through cloud at times in north. Visibility at times excellent, but slight haze north and briefly poor in snow showers.
How Cold? (at 900m)	-2C. Feeling like -15 to -18C directly in the wind.
Freezing Level	600m. Frost widely in glens in morning, all day out of sunlight.

Cairngorms NP and Monadhliath - Looking Ahead

	Friday 13 November	Saturday 14 November
How windy? (On the Munros)	Westerly, 20 to 30mph, strongest higher Cairngorms both early and late in day.	West or southwesterly between 30 and 40mph.
Effect of wind on you?	**Starting to affect ease of walking on exposed higher terrain, with considerable wind chill.**	**Increasing buffeting and wind chill becoming considerable with increasing height. Expect balance sometimes to be difficult.**
How wet? (Precipitation and its impact)	**Largely dry, local flurries** Local brief snow showers in the morning, mainly northern areas, likely fading. Later in the day, a little patchy rain, snow mostly above 800m, may move in from the west, very little reaching the east.	**Snow now and again** Occasional snow (turning to rain below 600m). mainly or only west of A9 and Ben Alder east to southern summits in Cairngorms NP. Total rainfall small.
Cloud on the hills?	**Capping some tops at times** Patches of cloud may drift over the north Cairngorms early in day, mostly above 900m and likely to disperse. During afternoon, occasional patches may drift over some western upper slopes.	**Most higher mountains foggy. Cloud base highest toward Deeside.** Cloud base typically 650 to 900m west of A9 and Ben Alder east to southern summits in Cairngorms NP. Elsewhere, higher base, mostly 1100m or above Northland east from Cairngorm plateau.
Chance of cloud free Munros?	**70%**	**20%**
Sunshine? Air clarity (below cloud)	Occasional sunshine, mostly east and southeastern Cairngorms. Visibility mostly excellent.	Sunshine now and again, perhaps sunshine extensive for periods toward Deeside. Mostly good visibility but poor in precipitation.
How Cold? (at 900m)	-2C. Wind chill feeling like -10C, perhaps -15C on high Cairngorms at times.	-2C. Will feel as cold as minus 13C directly in the wind.
Freezing Level	Much terrain frozen from dawn with frost all day out of sunlight.	Most terrain initially frozen; thawing starting lower slopes as freezing level rises toward 700m.

Planning Outlook

All mountain areas of Britain from Friday, 13 November, 2026

The present extensively dry and often relatively windless weather will end over the next few days as low pressure envelopes Britain. Showery conditions (snow on higher areas) will arrive on western mountains (mainly W & NW Scotland) on Saturday, before the threat of widespread rain - or snow higher areas of the Highlands - on Sunday. There may also be upland gales (although as yet considerable uncertainty for Sunday). Next week, frequent precipitation, low cloud and bouts of upland gales.

Forecast issued at 7:40 on Thursday, 12 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.