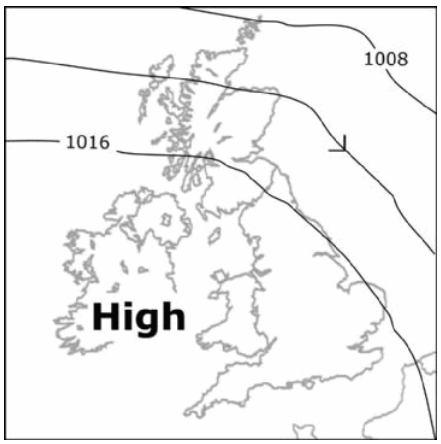
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

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General Summary for Friday, 13 November, 2026



British Mountain Summary:
Based on forecast chart for noon 13 November, 2026

Under high pressure most mountain areas fine with sunshine. However, progressively north across Scotland, increasing strong westerly wind will bring snow showers to mainly the NW Highlands and low cloud across western mountains. Much terrain frozen - but freezing level rising through day.

Headline for Cairngorms NP and Monadhliath

Terrain widely frozen. Wind strengthening toward gale.

Detailed Forecast for Friday, 13 November, 2026

How windy? (On the Munros)	Westerly, progressively strengthening from in the range 20-25mph post dawn to 30-40mph before dusk - the strongest winds Cairngorm plateau.
Effect of wind on you?	**Increasingly challenging as sind chill becomes considerable and walking difficult on higher areas, particularly more northern mountains.**
How wet? (Precipitation and its impact)	**Risk snow flurries, probably only west of A9** One or two snow flurries may reach Monadhliath and Ben Alder areas.
Cloud on the hills?	**Generally confined to, or above higher areas. Higher cloud base toward east.** Cloud base will be progressively higher and more broken eastwards. Monadhliath and Ben Alder: cloud base typically 700 to 900m, some breaks above. Elsewhere: most cloud above 1100m and near and east of Braemar, summits often cloud free.
Chance of cloud free Munros?	**20% west to 70% east**
Sunshine? Air clarity (below cloud)	Occasional sun west of A9 to often sunny toward Deeside. Visibility often excellent, but some haze later in day.
How Cold? (at 900m)	-2C; rising marginally through day. Will feel as cold as minus 10C where exposed.
Freezing Level	Terrain nearly all frozen morning, but slowly a definite freezing level will develop around 700m.

Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 14 November	Sunday 15 November
How windy? (On the Munros)	West or southwesterly between 35 and 45mph.	Very low confidence near centres of low pressure: Varied direction, possible marked lull but anticipate up to 40mph.
Effect of wind on you?	**Increasing buffeting and wind chill becoming considerable with increasing height. Expect balance sometimes to be difficult.**	**Sometimes small, but zones where wind chill significant and walking difficult - these challenging conditions could set in abruptly.**
How wet? (Precipitation and its impact)	**Snow now and again** Occasional snow (turning to rain below 600m). mainly or only west of A9 and Ben Alder east to southern summits in Cairngorms NP. Total rainfall small.	**Periods of rain and snow** Areas of precipitation will circulate within general low pressure, perhaps falling as snow to 500m - the change to snow most likely later in day.
Cloud on the hills?	**Most higher mountains foggy. Cloud base highest toward Deeside.** Cloud base typically 650 to 900m west of A9 and Ben Alder east to southern summits in Cairngorms NP. Elsewhere, higher base, mostly 1100m or above north and east from Cairngorm plateau.	**Fog very likely across the mountains all day** Fog in some areas from lower slopes up, and few breaks above750m.
Chance of cloud free Munros?	**20%**	**10%**
Sunshine? Air clarity (below cloud)	Sunshine now and again, perhaps sunshine extensive for periods toward Deeside. Mostly good visibility but poor in precipitation.	Sunshine not expected. Regions of very poor appalling visibility.
How Cold? (at 900m)	-2C. Will feel as cold as minus 13C directly in the wind.	1 to 3C, may abruptly drop to -2C
Freezing Level	Most terrain initially frozen; thawing starting lower slopes as freezing level rises toward 900m.	Above the summits before threat abrupt change to freezing level of 550m.

Planning Outlook

All mountain areas of Britain from Saturday, 14 November, 2026

Pressure will fall over the weekend: a little rain for some western mountains on Saturday, but more widespread rain (snow higher areas Scottish Highlands) on Sunday - albeit the detail for Sunday is unusually uncertain (for a 3 day forecast). Cold often dry conditions will return on Monday, but beyond extensive rain (sometimes snow higher areas) and strong winds probable, although presently Scotland, particularly the Highlands may have only snow showers in the cold air.

Forecast issued at 12:05 on Thursday, 12 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.