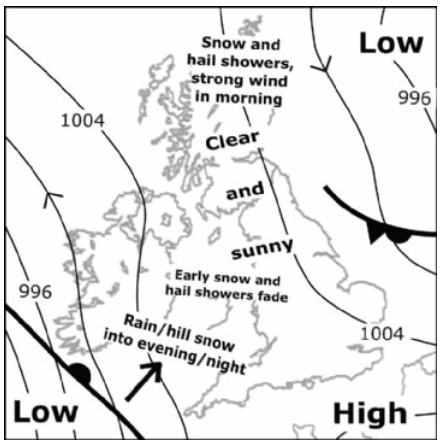
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

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General Summary for Monday, 16 November, 2026



British Mountain Summary:
Based on forecast chart for noon 16 November, 2026

Cold northerly winds in the morning bring snow and hail showers to northern Scotland and locally north Wales, otherwise generally clear and sunny. Winds drop light all areas through middle of day, then strengthen southeasterly later, gales into night; rain and hill snow moves in from southwest.

Headline for Cairngorms NP and Monadhliath

Early snow & hail showers fade, cloud lifts and breaks, some sun.

Detailed Forecast for Monday, 16 November, 2026

How windy? (On the Munros)	Northerly 30-35mph at dawn, easing during day, to 10mph or less afternoon. From dusk, rising southeasterly, gales into night, reaching 50-60mph later in night.
Effect of wind on you?	**Significant wind chill and challenging walking on high terrain at first, with time becoming small.** **Deteriorating after dark, significantly during night.**
How wet? (Precipitation and its impact)	**Local showers fading** Brief snow and hail showers mostly north and eastern Cairngorms early morning, fading out to become dry by middle of day.
Cloud on the hills?	**Mostly higher Cairngorms in morning** Varying cloud base capping higher slopes mostly northern Cairngorms in the morning, but increasingly breaking up to leave the mountains clear by early afternoon, or sooner south/west areas.
Chance of cloud free Munros?	**50% rising to 90%**
Sunshine? Air clarity (below cloud)	Intermittent sun in morning, but increasingly sunnier. Visibility mostly excellent, but locally briefly poor if in early showers.
How Cold? (at 900m)	-3C. Feeling near -15C directly in the wind early morning, but improving.
Freezing Level	500-600m. Also frost in sheltered glens in morning.

Cairngorms NP and Monadhliath - Looking Ahead

	Tuesday 17 November	Wednesday 18 November
How windy? (On the Munros)	Easterly 45 to 60mph and very gusty around high mountains; may lessen slightly during the daytime.	Easterly 25 to 40mph.
Effect of wind on you?	**Difficult conditions across the mountains, buffeting gusts to lower slopes and significant wind chill.**	**Strenuous walking with frequent buffeting gusts in places affecting balance in exposure. Significant wind chill.**
How wet? (Precipitation and its impact)	**Risk of hill snow, mostly south** Some uncertainty about extent of precipitation: Risk of some persistent snowfalls, mainly south and eastern Cairngorms NP, sleet or rain lower elevations; may be patchy small amounts toward Strathspey.	**Snow flurries** Light snow may fall frequently, particularly more eastern hills; sleet or rain lower slopes.
Cloud on the hills?	**Extensive** Likely shrouding the mountains widely, from lower elevations upward south and eastern areas, some higher cloud bases toward and west of A9, rarely above tops.	**Fairly extensive** Shrouding most high terrain all day, some banks to lower levels in east. Local breaks may emerge toward Strathspey and westwards, rarely above tops.
Chance of cloud free Munros?	**20%**	**20%**
Sunshine? Air clarity (below cloud)	Overcast and dull, local brighter skies possible toward Monadhliath. Visibility mostly poor, appalling if in snow and cloud on high terrain.	Little or no sun. Visibility good where dry, but often reduced, very poor at times if in snow.
How Cold? (at 900m)	-1 or -2C, may lift to around 0C. Feeling like -15C or possibly colder in exposure to stronger wind.	-1C. Feeling like -10 to -15C in the wind.
Freezing Level	500-700m, lowest if precipitation continues, but tending to rise a little into the afternoon.	700-800m.

Planning Outlook

All mountain areas of Britain from Tuesday, 17 November, 2026

Scottish mountain tops stay below freezing throughout this week ahead, snowfalls on Tuesday most prolonged east and southern areas. Thereafter, the Highlands see mostly little precipitation this week, but snow and hail showers will feed in from the north at times, locally giving frequent snow to the far north and the north Cairngorms. Frost also common in the glens. For England & Wales, snow on Monday night turns to rain into Tuesday as the freezing level rises above the summits, then dropping back to freezing above 800m midweek with a mix of rain and upland snow.
A mixed outlook into the weekend and beyond, some quieter windows, but further areas of rain and hill snow are likely, perhaps milder air into late November.

Forecast issued at 15:02 on Sunday, 15 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.