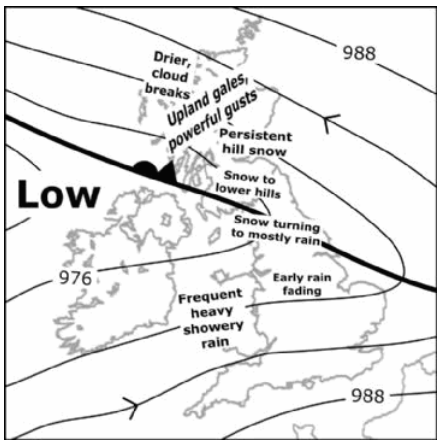
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

Tiso is Aviemore's specialist for Outdoor clothing, footwear, camping, cycling, skiing & equipment.
Cafe, expert boot fitting, bike & ski servicing & equipment hire available - Visit www.tiso.com

General Summary for Tuesday, 17 November, 2026



British Mountain Summary:
Based on forecast chart for noon 17 November, 2026

Easterly gales for the Highlands. A swathe of rain and hill snow central-southern Scotland and northern England, snow falling to lower elevations for a time in Southern Uplands. Patchier snow flurries further north/westward in the Highlands. Heavy showery rain west & south Wales, strong southwesterly winds here.

Headline for Cairngorms NP and Monadhliath

Gales, severe tops; hill snow flurries and low cloud, drier NW.

Detailed Forecast for Tuesday, 17 November, 2026

How windy? (On the Munros)	Easterly 45 to 60mph and very gusty around high mountains, in places gusts 70mph near and just west of high Cairngorms summits; may lessen slightly during the daytime.
Effect of wind on you?	**Difficult conditions across the mountains, severe in places higher up, buffeting gusts to lower slopes and significant wind chill.**
How wet? (Precipitation and its impact)	**Hill snow mostly southeast** Snow most persistent south and eastern Cairngorms NP, sleet or rain lower elevations, with time to 700m or above; may be only flurries many places and patchier small amounts toward Strathspey, Ben Alder and Monadhliath.
Cloud on the hills?	**Extensive** Shrouding the mountains widely, from lower elevations upward south and eastern areas, some higher cloud bases toward and west of A9, rarely above tops.
Chance of cloud free Munros?	**20%**
Sunshine? Air clarity (below cloud)	Overcast and dull, local brighter skies possible toward Monadhliath. Visibility mostly poor, appalling if in snow and cloud on high terrain.
How Cold? (at 900m)	-1 or -2C, some slopes lift to around 0C. Feeling like -15 to -18C in exposure to wind.
Freezing Level	600-800m, lowest if precipitation continues, but tending to rise a little into the afternoon, in places just above freezing to 1000m north/west Cairngorms NP.

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 18 November	Thursday 19 November
How windy? (On the Munros)	Easterly 25 to 40mph.	East-northeasterly 20 to 30mph.
Effect of wind on you?	**Strenuous walking with frequent buffeting gusts in places affecting balance in exposure. Significant wind chill.**	**Starting to affect ease of walking on some high terrain. Considerable wind chill.**
How wet? (Precipitation and its impact)	**Snow flurries** Light snow may fall frequently, particularly more eastern hills; sleet or rain lower slopes.	**Local snow showers** Occasional snow showers or flurries, mostly north and eastern Cairngorms NP, possible brief hail mixed in.
Cloud on the hills?	**Fairly extensive** Shrouding most high terrain all day, some banks to lower levels in east. Local breaks may emerge toward Strathspey and westwards, rarely above tops.	**Capping tops most often in north** Banks of cloud drifting onto higher Cairngorms, mostly above 900m, most frequent in north and eastern areas, but often clearing above tops south and west.
Chance of cloud free Munros?	**20%**	**60%**
Sunshine? Air clarity (below cloud)	Little or no sun. Visibility good where dry, but often reduced, very poor at times if in snow.	Intermittent sun, more often sunnier toward Drumochter. Visibility very good.
How Cold? (at 900m)	-1C. Feeling like -10 to -15C in the wind.	-1 or -2C. Feeling like -10C directly in the wind.
Freezing Level	700-800m.	700m, rising marginally in middle of day. Frost widely in glens in morning.

Planning Outlook

All mountain areas of Britain from Wednesday, 18 November, 2026

Scottish mountain terrain stays frozen this week and likely into the weekend, plus frost common into the glens. Colder air also drifts back south across England & Wales later this week, though milder air may return briefly by Saturday. Snow flurries mainly eastern and far northern Highlands in the second half of this week, otherwise much of Scotland often dry. Areas of rain and some hill snow for England & Wales. Into next week, uncertainty about the progress of Atlantic weather systems, which may pivot toward the south again, maintaining chilly easterly winds for Scotland at least, with further snow flurries possible, but there may be little precipitation western Highlands.

Forecast issued at 15:00 on Monday, 16 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.